



پاکستان جو جٹسو فیڈریشن
Pakistan Ju-Jitsu Federation

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Khalil Ahmed Khan
President

President Pakistan Olympic Association
Director General Pakistan Sports Board Islamabad
Presidents/Directors/Secretaries, all Member Units of PJJF

Ref: PJJF/Results/NC2012

Dated: 20/11/2012

SUB: Results of the 8th National Ju-Jitsu Championship 2012 from 4th to 5th November 2012 at AIMC- Lahore.

Dear Sir,

Given below are the official results of the 8th National Ju-Jitsu Championship 2012 held at Lahore from 4-5 November 2012.

Ju-Jitsu fighting system:

Men -50kg

Gold	Muhammad Ishfaq	Army
Silver	Adil Munir	Navy
Bronze	Waqar Azeem	Punjab
Bronze	Haseeb Nazir	K P K

-56Kg

Gold	Muhammad Munawar	Army
Silver	Khayal Muhammad	K P K
Bronze	Bilal Farooq	Navy
Bronze	Shehaiyar KHAN	Sindh

-62kg

Gold	Amjid Ali	Army
Silver	Muhammad Riaz	Navy
Bronze	Khalil Ahmad	Police
Bronze	Ilyas	Fata

-69Kg

Gold	Muhammad Imran	Army
Silver	Majid	Punjab
Bronze	Saeed Ahmad	Police
Bronze	Muhammad Ali	Navy

-77Kg

Gold	Ayatullah	Wapda
Silver	Alla Gul	Fata
Bronze	Asim Moeen	Army
Bronze	Naveed ur Rehman	Navy



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-85Kg

Gold	Muhammad Zeeshan Butt	Wapda
Silver	Ahsan Mehmood	Army
Bronze	Shahid Iqbal	Navy
Bronze	Muhammad Shafique	Police

-94Kg

Gold	Ashiq Hussain	Wapda
Silver	Jamal Shah	Navy
Bronze	Abid Hussain	Police
Bronze	Muhammad Naeem	Army

+94Kg

Gold	Arshid Munir	Wapda
Silver	Khakil Ahmad	Police
Bronze	Ansar Abbas	Army
Bronze	Muhammad Nadeem	Navy

Women -48Kg

Gold	Maryam Murtaza	Wapda
Silver	Irran Shehzadi	Army
Bronze	Maryem	Fata
Bronze	Gul Pari	K p k

-55Kg

Gold	Humaira Ashiq	Wapda
Silver	Pamela Shehrazia	Army
Bronze	Fehmida	Navy
Bronze	Faiza	Sindh

-62Kg

Gold	Ambreen Ashiq	Wapda
Silver	Fazilat Sardar	Navy
Bronze	Fazelat Aslam	Army
Bronze	Ruqaiya	K p k

-70kg

Gold	Shamaila Gul	Wapda
Silver	Iram Kanwal	Army
Bronze	Nazia Tufail	Navy
Bronze	Raunin	K p k



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+70Kg

Gold	Benish Khan	Wapda
Silver	Sajjad Nazir	Army
Bronze	Madiha	Navy
Bronze	Saman	K p k

Ne waza System:

Men -60Kg

Gold	Mohammad Mumtaz	Army
Silver	Khayal Muhammad	KPK
Bronze	Amjad Ali	Police
Bronze	Muhammad Riaz	Navy

-66Kg

Gold	Muhammad ali	Navy
Silver	Muhammad yasir	Army
Bronze	Nouman Khan	KPK
Bronze	Jamshad	Fata

-73Kg

Gold	Humair Ashiq	Wapda
Silver	Imtiaz Hussain	Army
Bronze	Sulaman	Navy
Bronze	Arshad	Sindh

-85Kg

Gold	Mehboob shah	Army
Silver	Muhammad Zeeshan Butt	Wapda
Bronze	Muhammad Shafeeq	Police
Bronze	Shahid	Navy

Women -52Kg

Gold	Humaira Ashiq	Wapda
Silver	Fehmida	Navy
Bronze	Kiran Shehzadi	Army
Bronze	Maryam	Fata

-58Kg

Gold	Ambreen Ashiq	Wapda
Silver	Fazilat Sardar	Navy
Bronze	Faiza	Sindh
Bronze	Hina Nazir	Army



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-70Kg

Gold	Fozia Mumtaz	Army
Silver	Nazia Tufail	Navy
Bronze	Shumila Naz	Punjab
Bronze	Shumila Gul	Wapda

Duo System:

Duo Men

Gold	M.Ammar +Abu Hurrera	Navy
Silver	Waheed uddin+ Shazeb Janjua	Punjab
Bronze	Shahid Abbas+ Yaser Abbas	Army
Bronze	Ahmed Ali + Amir Huzefa	Sindh

Table points

S.No	Unit	Gold	Silver	3 rd Bronze	4 th Bronze	Total
1.	Army	7	7	5	2	213
2.	Wapda	12	1	---	1	194
3.	Navy	2	7	6	5	152
4.	KPK	---	2	1	5	46
5.	Police	---	1	5	1	44
6.	Fata	---	1	1	3	29
7.	Sindh	---	---	1	4	22
8.	Punjab	---	1	2	---	22

Positions:

- 1st: Pakistan Army
2nd: Pakistan Wapda
3rd: Pakistan Navy

Yours sincerely

WAQAR ILYAS KHAN
General Secretary