

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-599/OS/027
03 August 2023

Secretary Generals /Directors of
Affiliated Units of POA

Subject: **IOC Diploma in Mental Health in Elite Sport**

Dear Madam/ Sir,

1. IOC Diploma in Mental Health in Elite one-year program is aimed at sports medicine physicians or other physicians who work with athletes, and licensed practitioners who are qualified to provide mental health services (e.g., clinical or counselling psychologists, licensed clinical social workers, licensed mental health counsellors, psychiatric mental health nurses).

2. This program is a 10-month long online training course commencing on 1st September 2023 and Written Examination /end of Program in June 2024. Graduation shall be held in autumn 2024. Olympic Solidarity offers scholarships (course registration fees only) to NOCs with the greatest needs, young professionals; NOCs who haven't benefited from scholarships in this programme in the past.

Entry requirements

3. Students enrolling in this program will normally be in possession of a degree in medicine and/or a sports medicine/mental health field from a recognised University and will be eligible for professional registration/licensure as a health care practitioner.

4. The language of instruction will be English, and students whose native language is not English should provide evidence of competence in English, eg TOEFL at 500 or above, IELTS at 6 or above, GCSE or equivalent in English language. The following list contains the main English language qualifications which are acceptable pre-requisites for entry onto the Diploma Program. Other English Language Qualifications held by applicants will be considered on a case-by-case basis by the Program Directors or Academic Advisory Board.

- English as first language or successful completion of High School and/or Degree Level Education in English Language
- UK based O-level, GCSE or Standard Grade English Language – Grade C or above.
- International GCSE English as a Second Language – Grade C or above.
- International Baccalaureate (IB): Grade 4 minimum in English Language
- IELTS band 6 or above, provided that no individual band score is less than 6
- TOEFL (including the Tests in Written and Spoken Practice), minimum score of 500 (paper-based test), 213 (computer-based test) or 94 (internet-based test)
- Test in English for Educational Purposes (TEEP) – Grade 3
- Oxford Certificate of English as a Foreign Language at Higher Level
- University of London – School Examinations Board Certificate of Attainment in English, grade 5

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- Passes in the Cambridge Higher School Certificate at Subsidiary level or in the Cambridge Overseas School Certificate count as O levels
- TOEIC with a minimum overall score of 500

5. Foregoing, above it is highly recommended that you may nominate suitable candidate for the subject course send the following documents by 10 August 2023:

- University degree
- Updated CV
- Latest copy of Passport
- Latest Digital Photograph
- Evidence of competence in English

For further information and guidance, please visit the official website of sportsoracle:

<https://www.sportsoracle.com/course/ioc-diploma-in-mental-health-in-elite-sport/>

Thanks for your understanding and cooperation.

With my best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan HI (M), President, Pakistan Olympic Association.
- Assistant Manager, Media & Marketing POA for uploading on POA Website.
- Master File.