



## **PAKISTAN OLYMPIC ASSOCIATION**

### **ACTIVITY REPORT OF NOC PAKISTAN**

It is my pleasure to present the Annual Activity Report for the period from January – December 2022.

#### **JANUARY 2022**

#### **CONFERENCE CALL WITH ASIAN ELECTRONIC SPORTS FEDERATION 7 JANUARY 2022**

A conference call was organized by the Asian Electronic Sports Federation on 7<sup>th</sup> January 2022 at 1430 hours with Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan for discussion regarding participation of Pakistan in Esports events of 19<sup>th</sup> Asian Games Hangzhou China

#### **OCA FINANCE COMMITTEE MEETING (ONLINE) - 10 JANUARY 2022**

Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan attended the OCA Finance Committee Meeting (Online) held on 10 January 2022 as a Member of the Committee.

#### **BEIJING 2022 - MEETING WITH WINTER SPORTS FEDERATION PAKISTAN 12 JANUARY 2022**

An online zoom meeting was organized by NOC Pakistan on 12 January 2022 with the Winter Sports Federation Pakistan regarding preparation and participation of Contingent according to the Playbook for Athletes and Officials of the Beijing 2022 Winter Olympic Games. The following attended: -

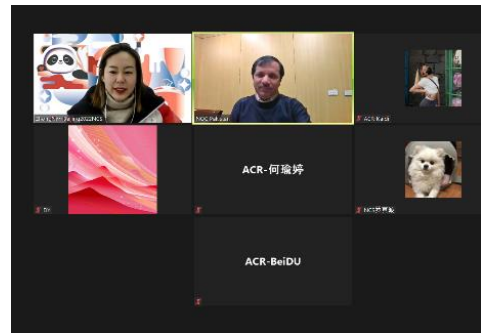
- Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan
- Air Commodore Nadeem Ajmal Khan, Secretary General, Winter Sports Federation Pakistan
- Wg. Cdr. Muhammad Qamar Mirza, Covid-19 Liaison Officer (CLO) / Coach Alpine Skiing
- Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan



## **PAKISTAN OLYMPIC ASSOCIATION**

### **BEIJING 2022 - DIGITAL DRM 20 JANUARY 2022**

The Digital Delegation Registration Meeting (DRM) was organized by the Beijing 2022 with NOC Pakistan on 20 January 2022, which was attended by Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan.



### **BEIJING 2022 - PRE-GAMES CDM MEETING 20 JANUARY 2022**

The Beijing 2022 Olympic Winter Games organized an online Pre-Games CDM Meeting for the NOCs on 20 January 2022. The Officials of Winter Sports Federation Pakistan attended this meeting

### **MEETING OF POA HR & ADMIN COMMITTEE - 22 JANUARY 2022**



A meeting of the POA HR & Admin Committee was held on 22 January 2022 at Pakistan Olympic House, Lahore under the Chairmanship of under the Chairmanship of Mr. Hamdan Nazir. The strength/yardstick of POA staff / employees for the year 2022-23 was approved and recommended to POA

Finance Committee. 5 x working days of a week of POA Secretariat was approved. Sub-Committees were constituted to:

- Review the Job description of each Manager /Assistant Manager /each employee
- Review the POA Employees Handbook
- Frame a criteria/rule for grant of annual increments based on performance.



## PAKISTAN OLYMPIC ASSOCIATION

### MEETING OF POA FINANCE COMMITTEE AT PAKISTAN OLYMPIC HOUSE, LAHORE – 24 JANUARY 2022



A meeting of the POA Finance Committee was held on 24 January 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri. A detailed presentation on the Audited Report finalized by M/s Crowe Hussain Ch & Co. was given by Ms. Wafaria Iram. Following decisions were recommended to

POA Executive Committee/ General Council:

- Audit Statements of POA Accounts for the year ended 30 June 2021
- Budget Estimates of POA for the years 2021-2022 and 2022-2023
- Refundable Loan
- Yardstick of POA Employees

### CHEF DE MISSION SEMINAR 24 - 26 JANUARY 2022

The Birmingham 2022 Commonwealth Games Organizing Committee organized the Chef de Mission Seminar (online) for the Commonwealth Countries from 24 - 26 January 2022 where abundant information regarding the Games were shared with the participants. Mr. Tariq Wahid Khan, Director Admin & Coord, CGA Pakistan attended the Seminar.

### BEIJING 2022 - ONLINE FINAL DRM 26 JANUARY 2022

An online Final Delegation Registration Meeting (DRM) was organized by the Beijing 2022 with NOC Pakistan on 26 January 2022, which was attended by Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan and the participation of Pakistan Contingent in the Beijing 2022 Olympic Winter Games was confirmed to the Organizing Committee.





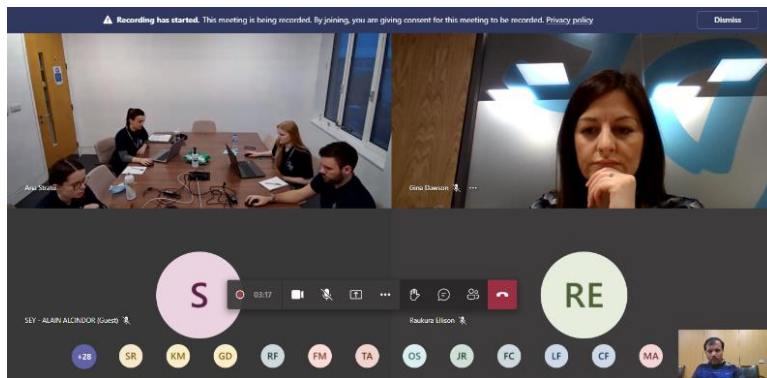
## **PAKISTAN OLYMPIC ASSOCIATION**

### **12<sup>TH</sup> MEETING OF POA SPORTS COMMISSION 26 JANUARY 2022**

The 12<sup>th</sup> Meeting of the POA Sports Commission was held on 26 January, 2022 at 1230 hours at Pakistan Olympic House, Lahore under the chairmanship of Mr. Shaukat Javed, Chairman, POA Sports Commission. All the members of the Commission attended the meeting and discussed on the agenda and decisions were made accordingly.



### **BIRMINGHAM 2022 - TRAINING SESSION ON THE NEW SPORTS ENTRIES SYSTEM 27 JANUARY**



The Birmingham 2022 Commonwealth Games Organizing Committee organized an online training session on the new Sports Entries System on 27 January, 2022. The Sports Entries Team of B2022 briefed the CGAs with comprehensive presentation. The training session was

attended by Manager Games Services, CGA Pakistan.

### **BIRMINGHAM 2022 - ONE-TO-ONE SESSION 27 JANUARY 2022**

An online one-to-one session with the Birmingham 2022 Village and Accommodation Teams was held on 27 January, 2022. The B2022 teams clarified the queries asked by the CGA Pakistan regarding Village Allotment and Accommodation. This session was attended by Manager Games Services, CGA Pakistan.



## PAKISTAN OLYMPIC ASSOCIATION

### **AWARD CEREMONY OF SHORT VIDEO COMPETITION 30 JANUARY, 2022 IN CONNECTION WITH BEIJING 2022 OLYMPIC WINTER GAMES.**

To celebrate 70 years of the establishment of Pakistan-China Diplomatic relations, a special award ceremony for winners of the Short Video Competition on the theme of “Chatting About China Pakistan Friendship and Good Wishes for the Beijing 2022 Winter Olympic Games” was



organized on January 30<sup>th</sup> 2022 at Pakistan Olympic House, Lahore by Pakistan Olympic Association in partnership with All Pakistan-China Friendship Association. The Pakistan Youth came up with unique ideas and created fabulous videos to felicitate Chinese people for Beijing 2022 and celebrate the friendship of the people of Pakistan and China. The students translated their emotions into videos and sent their good wishes for the success of the Beijing 2022.



Lt. Gen (R) Syed Arif Hasan, President Pakistan Olympic Association welcomed the students, their teachers and esteemed guests from various sections of societies. He thanked the Chinese Embassy in Pakistan and All Pakistan-China Friendship Association for initiating the idea of Short Video Competition. He remarked Beijing 2022 as a milestone in Olympic History as Beijing will be the only city organizing both the Summer and Winter Olympics.

H.E. Nong Rong, Ambassador of China in Pakistan congratulated the winners and all participants of this video competition. The year 2022, he said, is auspicious as the two grand events - 70 years of Pakistan China Diplomatic Relations and the upcoming Beijing 2022 Winter Olympic Games will further strengthen the iron-clad friendship and promote more Pakistani youth to participate in Olympic Games.

H.E Mr. Moin ul Haque, Ambassador of Pakistan in China lauded the preparation of the Beijing Winter Olympic Games as being the safest and green, clean, inclusive and open event in history. The games will be delivered by the Chinese government in the safest



## PAKISTAN OLYMPIC ASSOCIATION

and secure way during the Covid-19 pandemic. He felicitated all the students who participated in the competition.

Mr. Anoop Bhattarai, President Organization of South Asian Regional Friendship and Cooperation with China (OSARFCC) in his remarks commended the students for the videos produced and their wishes to Beijing 2022 and congratulated China for holding this mega event to promote the Olympic Spirit for promoting peace and harmony among nations.

During the competition 83 short videos were received with participation from 26 schools across Pakistan. In total of 54 winners were selected – from two age categories 11-14 and 15-18 with 2 first prize winners, 10 second prize winners and 15 third prize winners in each category as well as two appreciation awards. An excellent organization award to five participating education institutions was also announced. All winners received cash prizes, certificates and other mementos/ mascots of Beijing 2022 from the Embassy of China in Pakistan. The students were awarded with recognition certificates and cash awards.



Mr. Muhammad Khalid Mahmood, Secretary General POA along with key officials of POA welcomed the participants to the Pakistan Olympic House and said that due to covid restrictions a bigger event could not be held as planned. Ms. Farwa Zafar, General Secretary, All Pakistan China Friendship Association briefed the audience about the event. Ch. Muhammad Yaqub, Mr. Shaukat Javed, Vice Presidents POA also appreciated the students and teachers for the good job done.

The names of the students / winners of the competition and their schools are:

Ms. Maryam Khalid, SMS Agha Khan School, Karimabad, Karachi  
Ms. Areesha Aslam, Daanish School, Girls, Rahim Yar Khan  
Ms. Aaliya Saman Ali, Daanish School Girls, Jand, Attock  
Ms. Sajida Bibi, Daanish School, Girl, Vehari



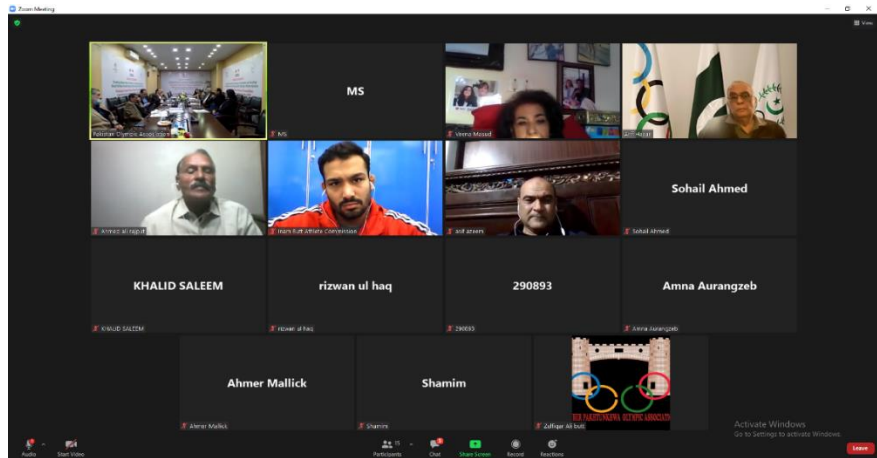
## PAKISTAN OLYMPIC ASSOCIATION

### EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN 30 JANUARY 2022



The Executive Committee meeting of POA was held in both virtual and physical modes on 30<sup>th</sup> January 2022 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan where various important matters including 34<sup>th</sup> National Games, Quetta, Winter Olympic Games 2022 –

Beijing, Birmingham 2022 Commonwealth Games 2022, 5<sup>th</sup> Islamic Solidarity Games 2022, 19<sup>th</sup> Asian Games, Hangzhou China 2022, 3<sup>rd</sup> Asian Youth Games 2022, Shantou China, Executive Board Meeting of SAOC, 14<sup>th</sup> South Asian Games 2023 –



Pakistan, re-name of POA Women Commission “Gender Equity Committee”, Elections of Provincial and other Olympic Associations were discussed.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **GENERAL COUNCIL MEETING OF NOC PAKISTAN – 31 JANUARY 2022**

The General Council Meeting of NOC Pakistan was held on 31st January, 2022 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan where matters relating to sports and



participation of Pakistan Contingent in the upcoming events i.e. Winter Olympic Games 2022 – Beijing, Birmingham 2022 Commonwealth Games 2022, 5<sup>th</sup> Islamic Solidarity Games 2022, 19<sup>th</sup> Asian Games, Hangzhou China 2022, 3<sup>rd</sup> Asian Youth Games 2022, Shantou China, and Secretary General's Report on Activities of POA, Reports of Chair of the various POA Commissions / Committees, Approval of Audited Report of POA for FY 2020 – 2021, Budget Estimates of Pakistan Olympic Association for FY 2021-2022, 2022-2023, Appointment of Auditors for FY 2021 – 2022, 34<sup>th</sup> National Games Quetta, Holding of 14<sup>th</sup> South Asian Games in Pakistan, Elections of Provincial and other Olympic Associations, Situation of Olympic Movement in Pakistan and other important matters were discussed / approved.

### **FEBRUARY 2022**

### **OLYMPIC WINTER GAMES BEIJING, CHINA 04 - 20 FEBRUARY 2022**

A five-member delegation comprising the following participated in the Olympic Winter Games held from 4 - 20 February 2022 in Beijing, China: -

- |                                    |   |
|------------------------------------|---|
| 1. Air Marshal Syed Noman Ali      | Chef de Mission                               |
| 2. Air Commodore Nadeem Ajmal Khan | Team Official                                 |
| 3. Wg. Cdr. Muhammad Qamar Mirza   | Covid Liaison Officer                         |
| 4. Mr. Muhammad Kareem             | Athlete (Alpine Skiing)                       |
| 5. Agha Hunain Abbas Khan          | Olympic Attache - From Pakistan Embassy China |

Mr. Muhammad Karim, Alpine athlete participated in Slalom event in the subject Games.

Besides accreditation, the travel arrangements of the Pakistan Contingent were also made by the Pakistan Olympic Association.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **STEERING COMMITTEE MEETING OF 14<sup>TH</sup> SOUTH ASIAN GAMES 2023 ON 10 FEBRUARY 2022**

The President of, Pakistan Olympic Association was invited to attend the first meeting of the Steering Committee of 14<sup>th</sup> South Asian Games held on 10 February, 2022 at Islamabad. A detailed presentation was given by the President Pakistan Olympic Association in this meeting.



### **OCA ATHLETES COMMITTEE ONE TO ONE CALL 11 FEBRUARY 2022**

Mr. Muhammad Inam, Chairman POA Athletes Commission attended the OCA Athletes Committee One to One Call on 11 February 2022.

### **COMMONWEALTH WOMEN'S LEADERSHIP PROGRAM, 16 FEBRUARY 2022**

Ms. Shireen Hina Asghar, nominee of NOC Pakistan, has been selected for the Commonwealth Women's Leadership Program.

### **MEETING OF THE SENATE STANDING COMMITTEE ON IPC 18 FEBRUARY, 2022**

A meeting of the Senate Standing Committee on IPC was held on 18 February 2022 at Islamabad under the Chairmanship of Mr. Mian Raza Rabbani, Chairman of the Committee. The following attended the meeting:

- i. Lt Gen (R) Syed Arif Hasan HI(M), President, POA
- ii. Mr. Shaukat Javed, Vice President, POA
- iii. Mr. Muhammad Jahangir, Deputy Secretary General, POA
- iv. Mr. Rizwan Ul H aq Razi, Associate Secretary General, POA
- v. Mr. Imran Ahmad Khan, Manager Games Services, POA

The President, Pakistan Olympic Association gave a detailed presentation about the constitutional roles and obligations of the POA and PSB to the Chair and a way forward for the development of sports in the country.



## **PAKISTAN OLYMPIC ASSOCIATION**



### **BIRMINGHAM 2022 - CGA CHIEF MEDICAL OFFICER SEMINAR ON 23 FEBRUARY 2022**

The Seminar for the CGA Chief Medical Officers (CMO) / Team Doctors was organized on zoom by the Commonwealth Sport on 23 February 2022. Dr. Asad Abbas Shah, Secretary Medical Commission of CGA Pakistan attended this Seminar.

### **MARCH 2022**

### **VISIT OF LORD MAYOR, COUNCILLOR MUHAMMAD AFZAL AT CGA HEADQUARTERS ON 03 MARCH, 2022**



A delegation from Birmingham, UK headed by H.E. the Lord Mayor Birmingham, Councilor Muhammad Afzal comprising the following visited the CGA Pakistan's headquarters at Lahore to discuss the Birmingham 2022 Commonwealth Games during his civic visit to Pakistan: -

1. H.E Lord Mayor Birmingham, Councilor Muhammad Afzal Head of delegation
2. Ms. Anne Kennedy, Head of Lord Mayor's Office
3. Councilor Waseem Zaffar, Cabinet Member, Birmingham City
4. Mr. Zaffar Iqbal, Birmingham City Council
5. Mr. Mahmood Ahmed, Birmingham Businessman
6. Mr. Zulfigar Khan, CEO of Great Health Care, Birmingham
7. Mohammed Imran, Birmingham Businessman/Property Developer



## PAKISTAN OLYMPIC ASSOCIATION

The following Office Bearers / Executive Committee Members of CGA Pakistan and Head Women Cricket, PCB welcomed the delegation: -

1. Ch. Muhammad Yaqoob, Vice President
2. Mr. Shaukat Javed, Vice President
3. Syed Muhammad Abid Qadri Gillani, Vice President
4. Mr. Muhammad Khalid Mahmood, Secretary General
5. Mr. Muhammad Jahangir, Deputy Secretary General
6. Mr. Muhammad Shafiq, Treasurer
7. Mr. Hafiz Imran Butt, Executive Member
8. Major (R) Majid Waseem, Executive Member
9. Mrs. Tania Mallick, Head Women Cricket, Pakistan
10. Ms. Sumera Sattar, Executive Member
11. Ms. Andleeb Sandhu, Executive Member
12. Ms. Zainab Shaukat, Executive Member
13. Mr. Muhammad Inam, Executive Member



Mr. Muhammad Inam, Chairman Athletes Commission CGA Pakistan and the Gold Medalist of Commonwealth Games presented a bouquet to H.E. Lord Mayor.

A presentation was given to H.E. Lord Mayor about the CGA Pakistan and the participation of Pakistan in the Commonwealth Games.

H.E. Lord Mayor Birmingham, Councilor Muhammad Afzal thanked the leadership of CGA Pakistan for their warm welcome and sharing the information of participation of Pakistan in the forthcoming Commonwealth Games being held in Birmingham from 28 July to 08 August, 2022. He offered complete support to CGA Pakistan for participation in the Birmingham 2022 Commonwealth Games.

### **CGA ASIA REGIONAL MEETINGS 10 & 21 MARCH 2022**

The CGA Asia Regional Meeting (online) was organized by the Commonwealth Games Federation on 10 March & 21 March 2022 which was attended by the Mr. Muhammad Khalid Mahmood, Secretary General, Mr. Tariq Wahid Khan, Director Admin & Cord, CGA Pakistan respectively.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **IOC OLYMPIC SOLIDARITY TEAM SUPPORT GRANT – PAKISTAN RUGBY UNION - 14 MARCH 2022**

NOC Pakistan secured Team Support Grant for the National Rugby Team through IOC Olympic Solidarity which will provide Pakistan Rugby Union with a financial support of USD \$ 100,000/- spread over a period of four years. The amount will be utilized for training and development programs of National Rugby Team to enable athletes training and participation in international arenas including Olympic Qualification Programs.

### **1<sup>ST</sup> MEETING FOR BIRMINGHAM 2022 COMMONWEALTH GAMES 21 MARCH 2022**

The Commonwealth Games Association Pakistan (CGA Pakistan) / Pakistan Olympic Association organized the 1st meeting on 21 March 2022 at Pakistan Olympic House, Lahore with the concerned National Sports Federations / Organizations whose athletes and officials included in the Commonwealth Games from 28 July to 8 August 2022 in Birmingham regarding the preparation and planning for participation in the Games. The meeting was conducted under the chairmanship of Syed Muhammad Abid Qadri Gillani, Chef de Mission Pakistan Contingent for the Birmingham 2022 Commonwealth Games.

The representatives of the concerned National Sports Federations / Organizations of Badminton, Boxing, Gymnastics, Hockey, Squash, Swimming, Table Tennis, Weightlifting, Wrestling and Pakistan Cricket Board attended.

### **MEETING OF THE MANAGEMENT COMMITTEE FOR E-SPORTS - 24 MARCH, 2022**

The first Meeting of the POA Management Committee for E-Sports was held on 24 March 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri to discuss the Participation in the forthcoming Asian Games, Hangzhou 2022, Talent Hunt / Trials / Competitions / Training Camp etc., Participation in the programs of International E-Sports Federation and holding of National Championship, Development and promotion of E-Sports in Pakistan and Structure / Constitution of E-Sports Federation in line with the Constitution of NOC Pakistan, Asia E-Sports Federation and OCA etc.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **BIRMINGHAM 2022 - CGA OPEN DAY 28 - 30 MARCH 2022**

Mr. Muhammad Khalid Mahmood, Secretary General, CGA Pakistan attended the CGA Open Day organized by the Birmingham 2022 Commonwealth Games Organizing Committee from 28 - 30 March 2022 in Birmingham for all the CGAs.



### **ELECTION OF INTERNATIONAL KABADDI FEDERATION - DUBAI - 31 MARCH 2022**



The election of International Kabaddi Federation was held on 31 March 2022 at Dubai. Mr. Muhammad Khalid Mahmood, Secretary General POA attended the election as an observer nominated by Olympic Council of Asia (OCA).

## **APRIL 2022**

### **VISIT OF POA VENUE INSPECTION COMMITTEE AT QUETTA 1 - 3 APRIL 2022**

On the recommendations of the POA Sports Commission, the POA Venue Inspection Committee comprising the following visited Quetta to analyze the status of completion of competition venues, adequate equipment and allied facilities for organizing the 34<sup>th</sup> National Games in Quetta:

- Mr. Ahmed Ali Rajput, Secretary General, Sindh Olympic Association
- Mr. Muhammad Jahangir, Deputy Secretary General, Pakistan Olympic Association
- Mr. Muhammad Razzaq Gill, General Secretary, WAPDA Sports Board



## **PAKISTAN OLYMPIC ASSOCIATION**

### **MEETING WITH PAKISTAN SPORTS BOARD 04 APRIL 2022**

A meeting was convened by the Director General PSB on 4 April 2022 at Islamabad for discussion with the Pakistan Olympic Association regarding participation of the Pakistan in the forthcoming International Sports Events. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services represented Pakistan Olympic Association in this meeting.

### **MEETING WITH IPC REGARDING 14<sup>TH</sup> SOUTH ASIAN GAMES 04 APRIL 2022**

A meeting was convened by the Federal Secretary, Ministry of IPC, Mr. Mohsin Mushtaq Chandna on 4 April 2022 in connection with the 14<sup>th</sup> South Asian Games in Pakistan at the Conference Room of the Ministry of Inter Provincial Coordination, Islamabad. Mr. Muhammad Khalid Mahmood, Secretary General Pakistan Olympic Association attended this meeting and briefed the stakeholders of the meeting and the actions need to be taken for organizing a successful 14<sup>th</sup> South Asian Games.

### **INTERNATIONAL DAY OF SPORTS FOR DEVELOPMENT AND PEACE – 06 APRIL 2022**



Established by the United Nations General Assembly and the International Olympic Committee, April 6 is a celebration of the work being carried out every day across the globe by actors for peace and development through sport. This special day is being celebrated

since 2014,

following a resolution (<https://undocs.org/A/RES/67/296>) adopted by the UN General Assembly on 23 August 2013 creating a historical link to the first modern Olympic Games held on 06-15 April, 1896. Pakistan Olympic Association / NOC Pakistan celebrated the International Day of Sports for Development and Peace on 06 April 2022 by inviting the National Sport Federation and its Affiliated Units. Our athletes and officials actively participated in the movement of #WhiteCard #ChampionsforPeace #IDSDP2022. The valuable contribution of our athletes and officials have landed by for spreading message of peace.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **MEETING WITH SPORTS BOARD PUNJAB REGARDING 14<sup>TH</sup> SOUTH ASIAN GAMES 07 APRIL 2022**

A meeting was convened on 7 April 2022 in connection with the 14<sup>th</sup> South Asian Games in Pakistan at Sports Board Punjab, Lahore where the representatives of the Government of Punjab, Ministry of IPC, Pakistan Sports Board and POA were updated about the arrangements of competition venues, equipment, hotel accommodation etc. for all the participants of the Games from South Asian Countries. Mr. Muhammad Khalid Mahmood, Secretary General, Pakistan Olympic Association attended this meeting.

### **GAPS TRAINING CAMP, 18-24 APRIL 2022 AT BIRMINGHAM**

5 x Para Athletes and 3 x Officials selected to attend the 2022 GAPS Camp in Birmingham held on 18th to 24th of April 2022 as part of the CGF GAPS Global program at Birmingham.

### **WORKSHOP ON DOPING IN CONNECTION WITH BIRMINGHAM 2022 19 & 21 APRIL 2022**

The CGA Pakistan (Pakistan Olympic Association) organized a Workshop on Doping for the awareness of Athletes, Coaches / Team Officials of the concerned sports disciplines of the Birmingham 2022 Commonwealth Games. Dr. Asad Abbas, Secretary Medical Commission of CGA Pakistan and Chief Medical Officer for the Birmingham 2022 Commonwealth Games conducted this Seminar on 19 & 21 April 2022.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **ASIAN ELECTRONIC SPORTS FEDERATION (AESF) ROAD TO ASIAN GAMES (RDAG) REGIONAL - RE-CONNECTION MEETING**



An online meeting was held on 20 April 2022 among Mr. Steve Kim, Chief Operating Officer, Mr. Jeff Lam, Competition Manager, Ms. Karina Yat Lam Lee, Aaron Liu, Kathy Li of Asian Electronic Sports Federation and Mr. Muhammad Khalid Mahmood, Secretary General NOC Pakistan regarding National competitions and Regional qualifiers for participation in the forthcoming 19<sup>th</sup> Asian Games, Hangzhou China.

### **BIRMINGHAM 2022 PRE DRM 22 APRIL 2022**

The Birmingham 2022 Organizing Committee scheduled the Pre DRM for CGA Pakistan (Pakistan Olympic Association) on 22 April 2022 which was attended by Secretary General and Manager Games Services, CGA Pakistan. The several topics were discussed during the meeting based on the Questionnaire received from the Organizing Committee.

### **MEETING OF NATIONAL SPORTS FEDERATIONS, PSB & POA 27 APRIL 2022**

A meeting was convened by the Director General, Pakistan Sports Board on 27 April 2022 in the Conference Room of the PSB at Islamabad in connection with the Birmingham 2022 Commonwealth Games and 5<sup>th</sup> Islamic Solidarity Games Konya, Turkey. The concerned National Sports Federations and the Pakistan Olympic Association were invited for discussion on the arrangements for participation in these Games. The following officials represented the Pakistan Olympic Association attended the meeting: -

- Mr. Muhammad Khalid Mahmood, Secretary General, POA
- Mr. Rizwan ul Haq Razi, Associate Secretary General, POA
- Mr. Imran Ahmad Khan, Manager Games Services, POA

### **MEETING WITH THE FEDERAL MINISTER FOR IPC REGARDING UPDATES ON 14<sup>TH</sup> SOUTH ASIAN GAMES 27 APRIL 2022**

After assuming charge by the Honourable Federal Minister of the new government, Mr. Ehsan ur Rehman Mazari desired to have a brief from POA on 27 April 2022 on the





## **PAKISTAN OLYMPIC ASSOCIATION**

updates of holding the 14<sup>th</sup> South Asian Games in Pakistan. The following delegation represented the Pakistan Olympic Association in the meeting: -

- Mr. Muhammad Khalid Mahmood, Secretary General, POA
- Mr. Muhammad Shafiq, Treasurer, POA
- Mr. Rizwan ul Haq Razi, Associate Secretary General, POA
- Mr. Imran Ahmad Khan, Manager Games Services, POA

Mr. Muhammad Khalid Mahmood while introducing the delegation of POA gave a short brief presentation to the Honourable Federal Minister IPC about the working of the Pakistan Olympic Association and its role for the organization of the South Asian Games being its custodian. The Secretary General, POA then gave a comprehensive presentation to the Honourable Federal Minister IPC about the organization of the 14<sup>th</sup> South Asian Games in Pakistan and roles & responsibilities of the POA, Federal and Provincial Governments, Steering and Organizing Committees and the NSFs. The Honourable Federal Minister appreciated for the detailed briefing and shown commitment that all stakeholders will work in close coordination with each other and Federal and Provincial Governments will make every possible effort for the successful organization of the 14<sup>th</sup> South Asian Games in Pakistan.

### **MAY 2022**

#### **MEETING FOR BIRMINGHAM 2022 COMMONWEALTH GAMES 10 MAY 2022**

A meeting was convened on 10 May, 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri Gillani, Chef de Mission Pakistan Contingent for the Birmingham 2022 Commonwealth Games regarding final name list of the athletes and officials and arrangements for preparation and participation of Pakistan Contingent in the Birmingham 2022 Commonwealth Games. The meeting was attended by the President / Secretaries General of the concerned National Sports Federations, Head of Women Cricket, Pakistan Cricket Board, Director General, Pakistan Sports Board, Assistant Director (Training) PSB and Secretary General, Pakistan Olympic Association.

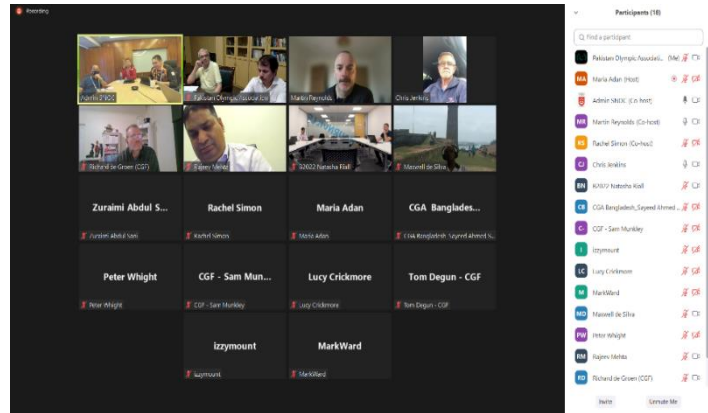




## PAKISTAN OLYMPIC ASSOCIATION

### CGA ASIA REGIONAL MEETING 16 MAY 2022

The CGA Asia Regional Meeting (online) was organized by the Commonwealth Games Federation on 16 May 2022 which was attended by Mr. Tariq Wahid Khan, Director Admin & Cord and Mr. Imran Ahmad Khan, Manager Games Services, CGA Pakistan.



### IOC OS TECHNICAL COURSE FOR HANDBALL COACHES, FAISALABAD, 26 MAY – 02 JUNE 2022



IOC OS Technical course for Handball Coaches was held at Faisalabad on 26 May-02 June 2022. Mr. Syed Ali Reza Habibi, Iran was nominated as International Expert by International Handball Federation. 30 x Men and 06 x Women attended the Course.

### SEMINAR ON PARENT AND GUARDIANS - DR. LUBNA SIBTAIN – 31 MAY 2022

International Testing Agency (ITA) organized a webinar (fifth of 2022) focusing on Parents and Guardians, and their role in Clean Sport on Tuesday 31 May 14:00–15:00 CET. Maj (R) Dr Lubna Sibtain, Member POA Medical Commission, IOC Certified Sport Physician, whose daughter was the first female swimmer and youngest female Olympian

With simultaneous translation:  
العربية | español | français | русский

**WEBINAR SERIES**

## PARENTS & GUARDIANS: A GUIDE TO CLEAN SPORT

MODERATOR:

 **Mairi Irvine**  
ITA Education Team

PANELLISTS:

 **Dr Lubna Sibtain**  
IOC Certified Sport Physician  
& parent of young Olympian

**MAY 31<sup>ST</sup>, 14-15 CET**

 **Jodi Brown, NZOM**  
Drug Free Sport New Zealand  
& International Netball Player

#KEEPINGSPORTREAL

from Pakistan shared her experiences and provide practical tips on how parents and guardians can learn about, and take an active role in clean sport.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **EXECUTIVE COMMITTEE MEETING OF NOC PAKISTAN**

**31 MAY 2022**

The Executive Committee meeting of POA was held in both virtual and physical modes on 31<sup>st</sup> May 2022 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan where various important matters were discussed i.e. 14<sup>th</sup> South Asian Games 2023 – Pakistan, Compliance of Article – VI-6-vi of POA Constitution and other important matters etc.



### **JUNE 2022**

### **VISIT OF PRESIDENT ASIA RUGBY MR. QAIS ABDULLA ALDAHLAI – 01 JUNE 2022**

On the occasion of Asia Rugby DIV ii Championship in Lahore, President Asia Rugby Mr. Qais Abdulla Aldahlai visited Pakistan Olympic House, Lahore on June 1<sup>st</sup>, 2022. Vice President, Secretary General, Deputy Secretary General and other POA officials greeted and thanked



Mr. Qais Abdulla Aldahlai for his visit and discussed matters related to the promotion and development of Rugby Sport in Pakistan.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **MEETING WITH PAKISTAN SPORTS BOARD (PSB) - 3 JUNE 2022**

A zoom meeting was organized on 3 June 2022 between POA and PSB for finalizing the strength of Pakistan Contingent for participation in the Birmingham 2022 Commonwealth Games and 5<sup>th</sup> Islamic Solidarity Games Konya. The following attended the meeting: -

- i. Mr. Muhammad Khalid Mahmood, Secretary General, POA
- ii. Mr. Muhammad Jahangir, Dy. Secretary General, POA
- iii. Col (R) Muhammad Asif Zaman, Director General, PSB
- iv. Mr. Imran Ahmad Khan, Manager Games Services, POA

### **CGF - AFRICA/ASIA/OCEANIA - REGIONAL MEETING - 7 JUNE 2022**

The CGF - Africa / Asia / Oceania - Asia Regional Meeting was held online on 7 June 2022 by the Commonwealth Games Federation. The Organizing Committee of the B2022 shared the COVID-19 guidelines, arrival/departures, sports, visas and dignitary programme updates. The meeting was attended by Mr. Tariq Wahid Khan, Director Admin & Coord and Mr. Imran Ahmad Khan, Manager Games Services, CGA Pakistan.

### **FIRST ICECP VIRTUAL PROGRAM HELD ON 01 NOV 2021 – 07 JUNE 2022**

Mr. Muhammad, Farrukh Nadeem, coach in the sport of Shooting, successfully completed the first ICECP virtual program held on 01 Nov 2021 – 07 June 2022. Mr. Muhammad Farrukh Nadeem received a certificate from the University of Delaware, USOPC and Olympic Solidarity as well as 30 continuing education credits from the University of Delaware.



### **ELECTION OF ATHLETES COMMISSION OF POA**

Elections of NOC Pakistan Athletes Commission was held on 10 June 2022 at Pakistan Olympic House, Lahore. Mr. Muhammad Inam, World Champion (Wrestling) was elected unopposed as the Chair of Athletes Commission for the next term. Ms. Mahoor Shahzad, Olympian (Badminton) has been elected as the female representative of Athletes Commission for the General Council of NOC Pakistan. Ms. Asma Akram nominated as Coordinator for POA Athletes Commission.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **SEMINAR ON “DOPING” AND CGF CHARTER OF GOOD CONDUCT FOR PARTICIPATION IN THE COMMONWEALTH GAMES 11-12 JUNE 2022**

The Birmingham 2022 bound audience were presented with doping control education and anti-doping programs on 11-12 June 2022 at Lahore. An in depth presentation about the Charter of Good Conduct framed by Commonwealth Games Federation. POA's resource person Dr. Lubna Sibtain, Dr. Asad Abass Shah and Maj (R) Majid Wasim imparted valuable information on Anti-Doping and Competition Manipulation.



Video Message of Ms. Dame Louise Martin DBE, President, Commonwealth Games Federation (CGF) and Lt. Gen (R) Syed Arif Hasan, President POA were also presented to the participants.

### **62<sup>ND</sup> INTERNATIONAL SESSION FOR YOUNG OLYMPIC AMBASSADORS, ATHENS AND OLYMPIA, GREECE 11-23 JUNE 2022.**

Mr. Shoaib Shafiq and Ms. Asma Akram have nominated to attend the 62<sup>nd</sup> International Session for Young Olympic Ambassadors held at Athens and Olympia, Greece on 11-23 June 2022





## PAKISTAN OLYMPIC ASSOCIATION

### MEETING OF POA DISCIPLINARY COMMITTEE – 17 JUNE 2022

The first Meeting of the POA Disciplinary Committee was held on 17 June 2022 at Pakistan

Olympic House,  
Lahore under the  
Chairmanship of  
Mr. Iftikhar  
Ahmad

Tabassum to  
discuss the  
Framework for  
dealing with  
matters referred  
to it for discipline  
by the inquiries,

complaints, and, POA Disciplinary Rules in line with the IOC Disciplinary Commission / International practices and get it approved by the President / Executive Committee / General Council of POA etc.



### OLYMPIC DAY, 23 JUNE 2022



Olympic Day was celebrated at DHA, Lahore by organizing a walk from DHA Head Office to Sports Complex, exhibitional Match of Hockey between Olympians and Youngsters was held. Where National medalist as well as civil society and children of all ages also participated. The message of Mr. Thomas Bach, IOC President and President NOC Pakistan were also

presented to the audience followed by “Digital Olympic Quiz”.



**“IOC Olympic Day Team has selected this picture for NOC net”**



## **PAKISTAN OLYMPIC ASSOCIATION**

Ch. Muhammad Yaqub, Vice President Pakistan Olympic Association / NOC Pakistan graced the occasion as Chief Guest. Presidents / Secretaries General of Affiliated Units of POA, dignitaries and residents of DHA also participated in the event.



M/s Col (R) Mudassar Asghar, Mr. Touqeer Dar,

Dr. Tariq Aziz, Mr. Manzoor Ul Hasan Senior and Mr. Qasim Khan also participated in this event and share their success stories with children and students.

### **MEETING OF THE EXECUTIVE COMMITTEE OF SOUTH ASIA OLYMPIC COUNCIL (SAOC) - 27 JUNE 2022**

The Executive Committee Meeting of the South Asia Olympic Council was held under chairmanship of Lt Gen Syed Arif Hasan HI(M) (Retd), President SAOC / NOC Pakistan on 27 June 2022 to discuss the arrangements of the 14th South Asian Games 2023 including dates and sports disciplines etc. All the South Asian Countries i.e. Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan and Sri Lanka participated. The 14th South Asian Games were proposed to be organized in October / November, 2023 which was agreed by all the participating countries.

### **JULY 2022**

### **2<sup>ND</sup> DELEGATION AND REPRESENTATIVES MEETING OF THE 5<sup>TH</sup> ISLAMIC SOLIDARITY 1 - 3 JULY 2022**

On the invitation of the Organizing Committee of 5<sup>th</sup> Islamic Solidarity Games, Mr. Muhammad Khalid Mahmood attended the second delegation and representatives meeting held from 1-3 July 2022 in Konya, Turkey. The face to face meeting of Pakistan with the Organizing Committee was scheduled on 2<sup>nd</sup> July 2022 to discuss and finalization of the sports disciplines, events and accommodation of Pakistan in the 5<sup>th</sup> Islamic Solidarity Games.

### **CGA REGIONAL MEETING – OCEANIA/ASIA/AFRICA - 5 JULY 2022**

The CGA Regional Meeting was organized online by the CGF and the information of Prime Events and important updates on the Opening and Closing Ceremonies of Birmingham 2022 Commonwealth Games was shared with the CGAs.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **ANOC DIGITAL ACCELERATOR PROGRAM - NOC SOCIAL MEDIA WORKSHOP – 05 JULY 2022**

Mr. Zaigham Abbas Manage OS Program attended the ANOC Digital Accelerator Program – NOC Social Media Workshop held via ZOOM on 05 July 2022



### **VISIT OF MR. HAIDER SALIM KHAN TARIN AT PAKISTAN OLYMPIC HOUSE, LAHORE 05 JULY 2022**

Mr. Muhammad Khalid Mahmood, Secretary General welcomed and presented Souvenir to Mr. Haider Salim Khan Tarin, who qualified for participation in the Asian Games, Hangzhou China on his visit to Pakistan Olympic House, Lahore on 05-07-2022.



### **VISIT OF MR. ALIREZA NAJAFI DANESHGAH, OFFICIAL FROM MINISTRY OF SPORTS AND YOUTH, GOVT. OF IR IRAN AT PAKISTAN OLYMPIC HOUSE, LAHOR - 07 JULY 2022**

Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Muhammad Jahangir, Deputy Secretary General POA / Chairman Pakistan Karate Federation welcomed and presented Souvenir to Mr. Alireza Najafi Daneshgah, official from Ministry of Sports and Youth, Govt. of IR Iran on his visit to Pakistan Olympic House, Lahore on 07-07-2022.



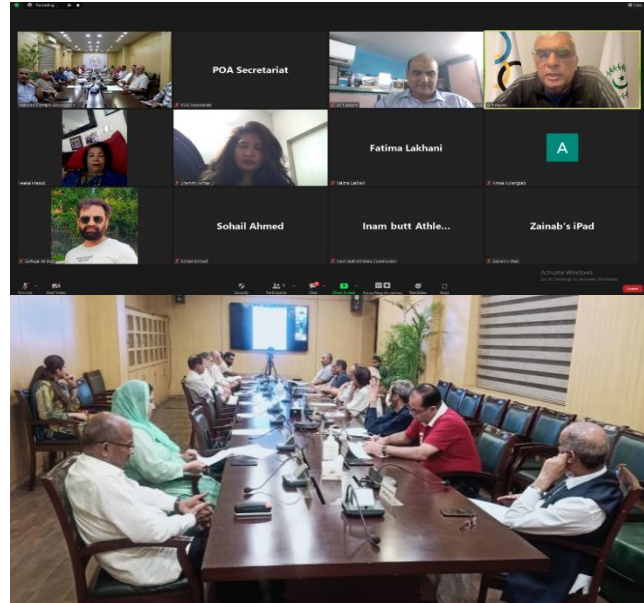




## **PAKISTAN OLYMPIC ASSOCIATION**

### **EMERGENT MEETING OF THE EXECUTIVE COMMITTEE OF NOC PAKISTAN – 16 JULY 2022**

An emergent meeting of the Executive Committee of POA was held in both virtual and physical modes on 16<sup>th</sup> July 2022 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan where various important matters including Birmingham 2022 Commonwealth Games 2022, 5<sup>th</sup> Islamic Solidarity Games 2022 and Situation of Olympic Movement of Pakistan etc. were discussed.



### **15<sup>TH</sup> INTERNATIONAL SESSION FOR NATIONAL OLYMPIC ACADEMIES' AND NATIONAL OLYMPIC COMMITTEES' DELEGATES OF NOAS' 16-22 JULY 2022 AT ATHENS & OLYMPIA, GREECE**

Mr. Tariq Wahid Khan, Director Cord POA /Honorary Director attended the 15<sup>th</sup> International Session for National Olympic Academies and National Olympic Committees' Delegates held on 16-22 July 2022 at Athens & Olympia, Greece.



### **GAPS PRE- GAMES TRAINING CAMP, 18 – 23 JULY, 2022 AT BIRMINGHAM**

One Para Athlete and one official attended the Pre-Games training camp held on July 18<sup>th</sup> to 23<sup>rd</sup> at the Birmingham University.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **CGF ANNUAL GENERAL MEETING, 18 – 23 JULY, 2022 AT BIRMINGHAM**

CGF Annual General Assembly Meeting held on 26 July 2022 at Grand Hotel, Colmore Row, Birmingham. Mr. Muhammad Khalid Mahmood, Secretary General POA and Ms. Farzana Sabir Mehdi (Swimming) attended the Meeting

### **COMMONWEALTH GAMES BIRMINGHAM, UK 28 JULY - 8 AUGUST 2022**

The CGA Pakistan remained extremely busy in coordinating with all the stakeholders of the Games i.e. CGF, Birmingham 2022 Organizing Committee, National Sports Federations concerned, National Paralympic Committee, Pakistan Cricket Board, Army Sports Directorate, WAPDA Sports Board, Higher Education Commission, Pakistan Sports Board and the Ministry of Inter Provincial Coordination for making arrangements and smooth participation of Pakistan Contingent in the Commonwealth Games that took place in Birmingham, England, United Kingdom from 28 July to 8 August 2022.

The instructions of the CGF and B2022 regarding the Covid-19 for the Games were ensured and complied by the CGA Pakistan for its contingent.

Based on the Open Allocation and Qualification, the CGA Pakistan participated in the following 13 x sports disciplines with a strength of 102 athletes and officials: -

| Sports                | Athletes  |           | Officials |          | Total      |
|-----------------------|-----------|-----------|-----------|----------|------------|
|                       | Male      | Female    | Male      | Female   |            |
| Athletics             | 3         | 1         | -         | 1        | 5          |
| Badminton             | 2         | 2         | 2         | -        | 6          |
| Boxing                | 4         | 1         | 2         | -        | 7          |
| Cricket T20           | -         | 15        | 3         | 2        | 20         |
| Gymnastics – Artistic | 1         | -         | 1         | -        | 2          |
| Hockey                | 18        | -         | 4         | -        | 22         |
| Judo                  | 2         | -         | 1         | -        | 3          |
| Squash                | 2         | 2         | 1         | -        | 5          |
| Swimming              | 1         | 3         | 1         | 1        | 6          |
| Table Tennis          | 1         | -         | 1         | -        | 2          |
| Weightlifting         | 3         | -         | 1         | -        | 4          |
| Wrestling             | 6         | -         | 2         | -        | 8          |
| Para Athletics        | -         | 1         | 1         | -        | 2          |
| Contingent Officials  | -         | -         | 10        | -        | 10         |
| <b>Total:</b>         | <b>43</b> | <b>25</b> | <b>30</b> | <b>4</b> | <b>102</b> |



## PAKISTAN OLYMPIC ASSOCIATION

Syed Mohammad Abid Qadri Gillani, Vice President, CGA Pakistan was given the responsibility of Chef de Mission of Pakistan Contingent whereas M/s. Col (R) Muhammad Asif Zaman, Director General, PSB and Major (R) Majid Waseem, CEO, Pakistan Swimming Federation were appointed as Deputy Chef de Mission

### Delegation Registration Meeting (DRM)

The DRM of Pakistan was scheduled by the B2022 Organizing Committee on 22 July 2022 which was attended by Mr. Muhammad Khalid Mahmood, Secretary General, CGA Pakistan and Major (R) Majid Waseem, Deputy Chef de Mission.

### Team Welcome Ceremony

The Team Welcome Ceremony was jointly organized for 3 x commonwealth countries i.e. Bangladesh, Wales and Pakistan on 27 July 2022 at the Commonwealth Games Village Birmingham (CGB



Mr. Ehsan-ur-Rehman Mazari, Federal Minister for Sports, Mr. Ahmad Hanif Orakzai, Federal Secretary, Ministry of IPC and Mr. Sardar Adnan Rashid, Consul General, Consulate of Pakistan in Birmingham visited the Commonwealth Games Village Birmingham (CGB) / University of Birmingham on 27 July 2022.

### Opening Ceremony

The Opening Ceremony of Birmingham 2022 Commonwealth Games was celebrated in a very splendid way at the Alexander Stadium, Birmingham. HRH Prince Charles declared the Games Open on 28 July 2022. All the 72 commonwealth nations participated in these Games.





## PAKISTAN OLYMPIC ASSOCIATION

### Reception hosted by the Consulate of Pakistan in Birmingham

During the Games, the Consulate of Pakistan in Birmingham hosted a reception in honour of the Pakistan Contingent on 4 August 2022 at its premises in Birmingham where the notables of the society and sports personalities were also invited.



### Performance of Athletes

The Pakistani athletes performed exceptionally well in the Birmingham 2022 Commonwealth Games and won 2 x Gold, 3 x Silver and 3 x Bronze medals for Pakistan as per detail given in the table below: -

| S. NO.                 | NAME OF ATHLETE            | SPORT         | EVENT / CATEGORY                           |
|------------------------|----------------------------|---------------|--|
| <b>GOLD MEDALIST</b>   |                            |               |  |
| 1                      | Arshad Nadeem              | Athletics     | Men's Javelin Throw ( <b>90.18 GR PB</b> ) |
| 2                      | Muhammad Nooh Dastgir Butt | Weightlifting | Men's 109+kg - Final                       |
| <b>SILVER MEDALIST</b> |                            |               |  |
| 1                      | Muhammad Sharif Tahir      | Wrestling     | Men's Freestyle 74 kg                      |
| 2                      | Muhammad Inam              | Wrestling     | Men's Freestyle 86 kg                      |
| 3                      | Zaman Anwar                | Wrestling     | Men's Freestyle 125 kg                     |
| <b>BRONZE MEDALIST</b> |                            |               |  |
| 1                      | Shah Hussain Shah          | Judo          | Men's -90 kg                               |
| 2                      | Inayat Ullah               | Wrestling     | Men's Freestyle 65 kg                      |

Mr. Muhammad Nooh Dastagir Butt, Weightlifter and Mr. Arshad Nadeem, Javelin Thrower were awarded the Wrist Watches by the “Logines” the Official Sponsor of Birmingham 2022 Commonwealth Games on their outstanding performance and winning the Gold Medals in their respective events.

At the conclusion of the Games, Pakistan ranked 18 on the final medal standing of the commonwealth countries.



## PAKISTAN OLYMPIC ASSOCIATION

| MEDAL STANDINGS |                    |      |        |        |       |
|-----------------|--------------------|------|--------|--------|-------|
| Position        | Team / Country     | Gold | Silver | Bronze | Total |
| 1               | Australia          | 67   | 57     | 54     | 178   |
| 2               | England            | 57   | 66     | 53     | 176   |
| 3               | Canada             | 26   | 32     | 34     | 92    |
| 4               | India              | 22   | 16     | 23     | 61    |
| 5               | New Zealand        | 20   | 12     | 17     | 49    |
| 6               | Scotland           | 13   | 11     | 27     | 51    |
| 7               | Nigeria            | 12   | 9      | 14     | 35    |
| 8               | Wales              | 8    | 6      | 14     | 28    |
| 9               | South Africa       | 7    | 9      | 11     | 27    |
| 10              | Malaysia           | 7    | 8      | 8      | 23    |
| 11              | Northern Ireland   | 7    | 7      | 4      | 18    |
| 12              | Jamaica            | 6    | 6      | 3      | 15    |
| 13              | Kenya              | 6    | 5      | 10     | 21    |
| 14              | Singapore          | 4    | 4      | 4      | 12    |
| 15              | Trinidad & Tobago  | 3    | 2      | 1      | 6     |
| 16              | Uganda             | 3    | 0      | 2      | 5     |
| 17              | Cyprus             | 2    | 3      | 6      | 11    |
| 18              | Pakistan           | 2    | 3      | 3      | 8     |
| 19              | Samoa              | 1    | 4      | 0      | 5     |
| 20              | Barbados           | 1    | 1      | 1      | 3     |
| 21              | Cameroon           | 1    | 1      | 1      | 3     |
| 22              | Zambia             | 1    | 1      | 1      | 3     |
| 23              | Grenada            | 1    | 1      | 0      | 2     |
| 24              | The Bahamas        | 1    | 1      | 0      | 2     |
| 25              | Bermuda            | 1    | 0      | 1      | 2     |
| 26              | British Virgin Is. | 1    | 0      | 0      | 1     |
| 27              | Mauritius          | 0    | 3      | 2      | 5     |
| 28              | Ghana              | 0    | 2      | 3      | 5     |
| 29              | Fiji               | 0    | 2      | 2      | 4     |
| 30              | Mozambique         | 0    | 2      | 1      | 3     |
| 31              | Sri Lanka          | 0    | 1      | 3      | 4     |
| 32              | Tanzania           | 0    | 1      | 2      | 3     |
| 33              | Botswana           | 0    | 1      | 1      | 2     |
| 34              | Guernsey           | 0    | 1      | 1      | 2     |
| 35              | Dominica           | 0    | 1      | 0      | 1     |
| 36              | Papua New Guinea   | 0    | 1      | 0      | 1     |
| 37              | St Lucia           | 0    | 1      | 0      | 1     |
| 38              | The Gambia         | 0    | 1      | 0      | 1     |
| 39              | Namibia            | 0    | 0      | 4      | 4     |
| 40              | Malta              | 0    | 0      | 1      | 1     |
| 41              | Nauru              | 0    | 0      | 1      | 1     |
| 42              | Niue               | 0    | 0      | 1      | 1     |
| 43              | Vanuatu            | 0    | 0      | 1      | 1     |



## PAKISTAN OLYMPIC ASSOCIATION

Some photographs of the events and medalists are appended below: -





## PAKISTAN OLYMPIC ASSOCIATION

**AUGUST 2022**

### **OCA ATHLETES COMMITTEE WEBINAR – 03 AUGUST 2022**

NOC Pakistan's Athletes Commission attended the OCA Athletes Committee Webinar held on 03 August 2022

### **5<sup>TH</sup> ISLAMIC SOLIDARITY GAMES KONYA, TURKEY 9 - 18 AUGUST 2022**

The NOC Pakistan soon after conclusion of the Birmingham 2022 Commonwealth participated in the 5<sup>th</sup> Islamic Solidarity Games that took place from 9 - 18 August 2022 at Konya, Turkey. Pakistan participated in the following 15 x sports disciplines with a total strength of 104 athletes and officials: -

| S. #                        | Sports            | Athletes  |           | Officials |          | Total      |
|-----------------------------|-------------------|-----------|-----------|-----------|----------|------------|
|                             |                   | Male      | Female    | Male      | Female   |            |
| 1                           | Archery           | 2         | 3         | -         | 1        | 6          |
| 2                           | Athletics         | 6         | 1         | 1         | 1        | 9          |
| 3                           | Fencing           | 1         | -         | -         | -        | 1          |
| 4                           | Gymnastics        | 3         | -         | 2         | -        | 5          |
| 5                           | Judo              | 3         | 0         | 1         | 0        | 4          |
| 6                           | Karate            | 4         | 3         | 1         | -        | 8          |
| 7                           | Shooting          | 6         | 0         | 2         | 0        | 8          |
| 8                           | Swimming          | 2         | 4         | 1         | 1        | 8          |
| 9                           | Table Tennis      | 2         | 2         | 1         | 1        | 6          |
| 10                          | Taekwondo         | 3         | 3         | 1         | 1        | 8          |
| 11                          | Volleyball        | 13        | 0         | 4         | 0        | 17         |
| 12                          | Weightlifting     | 3         | 0         | 0         | 0        | 3          |
| 13                          | Wrestling         | 6         | 0         | 2         | 0        | 8          |
| 14                          | Para Athletics    | 1         | 0         | -         | 0        | 1          |
| 15                          | Para Table Tennis | 1         | -         | 1         | -        | 2          |
| <b>Total</b>                |                   | <b>56</b> | <b>16</b> | <b>17</b> | <b>5</b> | <b>94</b>  |
| <b>Contingent Officials</b> |                   | <b>0</b>  | <b>0</b>  | <b>8</b>  | <b>2</b> | <b>10</b>  |
| <b>Grand Total</b>          |                   | <b>56</b> | <b>16</b> | <b>25</b> | <b>7</b> | <b>104</b> |

Mr. Ahmad Hanif Orakzai, Secretary, Ministry of Inter Provincial Coordination was nominated as Chef de Mission of Pakistan Contingent and Mr. Muhammad Jahangir, Deputy Secretary General, NOC Pakistan as Deputy Chef de Mission. Mr. Ahmad Hanif Orakzai stayed outside the village in a Hotel at Konya for only 4 days and returned back to Pakistan on 10 August 2022. After his departure from Konya, Mr. Muhammad Jahangir performed the responsibilities as the Chef de Mission of Pakistan until the conclusion of the Games.



## PAKISTAN OLYMPIC ASSOCIATION

### One to One Meeting

The 5<sup>th</sup> Islamic Solidarity Games Organizing Committee invited the respective NOCs to attend one to one meeting on 1-3 July 2022 at Konya to finalize their participation in number of sports disciplines, events as well as the accommodation plan. Mr. Muhammad Khalid Mahmood, Secretary General, NOC Pakistan attended the one to one meeting scheduled for Pakistan by the Organizing Committee of the Games on 2<sup>nd</sup> July 2022 at Konya.

### Delegation Registration Meeting (DRM)

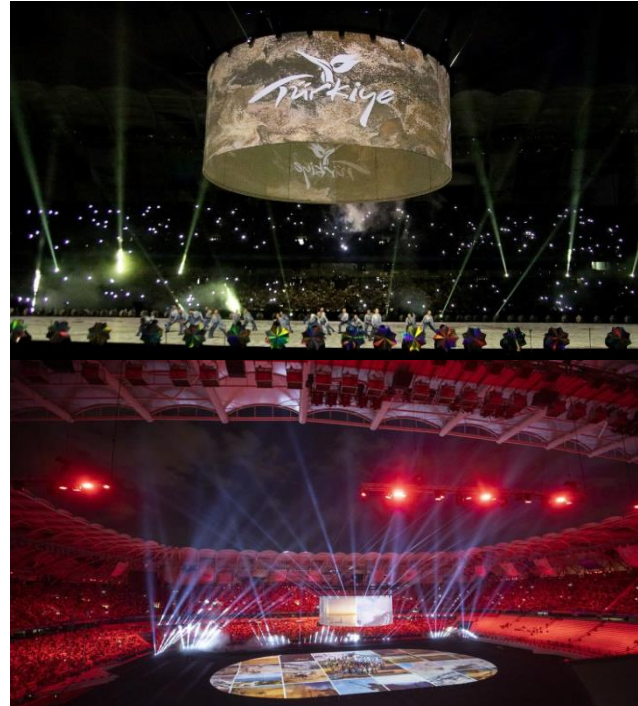
The DRM of Pakistan was conducted on 6 August 2022 and Mr. Muhammad Jahangir settled all the matters with the Organizing Committee of the Games participation in the sports disciplines, events, travelling and accommodation etc.

### Visit of Minister and Secretary IPC at Athletes Village

Mr. Ehsan-ur-Rehman Mazari, Federal Minister for Sports, Mr. Ahmad Hanif Orakzai, Federal Secretary, Ministry of IPC visited the Athletes Village on 8<sup>th</sup> August 2022.

### Opening Ceremony

The Konya 2021 5<sup>th</sup> Islamic Solidarity Games officially started on 9 August 2022 in Türkiye's Konya, in the presence of Türkiye's President Recep Tayyip ERDOGAN and President of ISSF HRH Prince Abdulaziz Bin Turki AL-FAISAL AL SAUD. The Opening Ceremony was also attended by Azerbaijan's President Ilham ALIYEV along with ministers and ambassadors of Islamic nations, with the participation of 4,200 athletes representing 54 countries.







## PAKISTAN OLYMPIC ASSOCIATION

### Performance of Athletes

The Pakistan could manage to win only two medals in the 5<sup>th</sup> Islamic Solidarity Games which details is given The performance of our athletes was not upto the mark as

| S. NO. | NAME OF ATHLETE | SPORT             | EVENT / CATEGORY                  | MEDAL  |
|--------|-----------------|-------------------|-----------------------------------|--------|
| 1      | Arshad Nadeem   | Athletics         | Men's Javelin Throw (88.55 GR PB) | Gold   |
| 2      | Altaf-ur-Rahman | Para Table Tennis | Class TT-3                        | Bronze |

### Closing Ceremony

The Closing Ceremony was held on the evening of 18 August 2022 at Selcuk University, Konya.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **OLYMPIC SCHOLARSHIPS FOR COACHES - 2022 FOR MR. NOMAN UL HAQ ITF TRAINING - VALENCIA ONLINE COACHING HIGH-PERFORMANCE COURSE, 02-10 MAY AND 31-JULY - 13 AUGUST 2022**

Mr. Noman ul Haq, Tennis Coach has completed the IOS OS ITF High Performance Coaches Course in Tennis. First module was held online on 02-10 May 2022 and in person module was organized from 31 July to 13 August 2022 at Valencia, Spain.



### **VIRTUAL MEETING OF OCA SPORTS FOR ALL COMMITTEE – 21 AUGUST 2022**

Syed Aqil Shah, Member OCA Spots for All Committee attended the Virtual Meeting of OCA Sports for All Committee held on 21 August 2022

### **MEETING OF INQUIRY COMMITTEE FOR MISSING BOXERS - CWG B2022 – 23 AUGUST 2022**

An Inquiry Committee meeting for missing Boxers during the Commonwealth Games, Birmingham 2022 was held on 23 August 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Mr. Muhammad Shafiq, Chairman of the Committee to inquire the matter.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **MEETING WITH SECRETARY GENERAL, WINTER SPORTS FEDERATION OF PAKISTAN**

Group Captain Ashar Jamil, Secretary General Winter Sports Federation of Pakistan met with Secretary General POA on 24 of August 2022 at Pakistan Olympic House, Lahore to discuss the modalities for obtaining NOCs for following sports disciplines, essential for qualification and participation in Olympic Winter Games: -



- (a) International Biathlon Union (IBU)
- (b) International Skating Union (ISU)
- (c) International Ice Hockey Federation (IIHF)
- (d) World Curling Federation (WCF)
- (e) International Ski Mountaineering Federation (ISMF)



### **VIRTUAL MEETING OF OCA SPORTS COMMITTEE – 25 AUGUST 2022**

Mr. Shaukat Javed, Member OCA Sports Committee attended the Virtual Meeting of OCA Sports Committee held on 25 August 2022

### **VIRTUAL MEETING OF OCA SPORTS & ENVIRONMENT COMMITTEE – 25 AUGUST 2022**

Lt Col (R) Waseem Ahmed, Member OCA Sports & Environment Committee attended the Virtual Meeting of OCA Sports & Environment Committee held on 25 August 2022.





## PAKISTAN OLYMPIC ASSOCIATION

### ESPORTS GRAND FINALE - PUBG MOBILE CAMPUS CHALLENGE

Lt Gen (R) Syed Arif Hasan and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the E-Sports Grand Finale of PUBG Mobile Campus Challenge (PMCC) as Chief Guest held on 27 August 2022 at the Faletti's Hotel, Lahore.



### VIRTUAL MEETING OF OCA PEACE THROUGH SPORTS COMMITTEE – 29 AUGUST 2022

Ms. Veena Salman Masud, Member OCA Peace through Sports Committee attended the Virtual Meeting of OCA Peace through Sports Committee held on 29 August 2022





## **PAKISTAN OLYMPIC ASSOCIATION**

### **SEPTEMBER 2022**

#### **IOC OS TECHNICAL COURSE FOR COACHES IN GYMNASTICS, 04 -10 SEPTEMBER 2022 – LAHORE**

IOC OS Technical Course for Gymnastics Coaches allocated by Pakistan Olympic Association to Pakistan Gymnastics Federation organized on 04 -10 September 2022 at Lahore. The course was conducted by an international expert nominated by FIG, Mr. Hamid Reza Hashemi, from IR Iran. Thirty-one coaches benefited from the course who came from various centers and coach teams of Punjab, Sindh KP, Balochistan, Army, HEC, Railways, Police and WAPDA.



Lt Gen (R) Syed Arif Hasan HI(M), President Pakistan Olympic Association (NOC Pakistan) graced the opening ceremony as chief guest. Lt Gen (R) Syed Arif Hasan HI(M), President Pakistan Olympic Association (NOC Pakistan) graced the opening ceremony as chief guest whereas Mr. Muhammad Khalid Mahmood, Secretary General POA was the Chief Guest of the Closing Ceremony.

#### **VIRTUAL MEETING OF OCA CULTURE COMMITTEE, 08 SEPTEMBER 2022**

Mr. Kamran Lashari, Member OCA Culture Committee attended the Virtual Meeting of OCA Culture Committee held on 08 September 2022



#### **VIRTUAL MEETING OF OCA GENDER EQUITY COMMITTEE, 10 SEPTEMBER 2022**

Ms. Fatima Lakhani, Member OCA Gender Equity Committee attended the Virtual Meeting of OCA Gender Equity Committee held on 10 September 2022.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **IOC PRESIDENT TO THE NOC CONSULTATION CALL - 14 SEPTEMBER 2022**



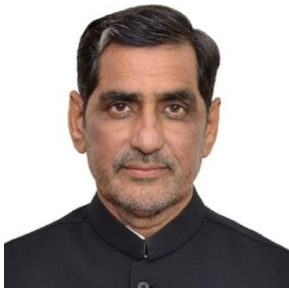
Lt Gen (R) Syed Arif Hasan, President POA and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the NOC Consultation Call on 14 September 2022

### **POA ATHLETES COMMISSION - IOC PRESIDENT TO THE NOC CONSULTATION CALL**

Chairman and members of POA Athletes Commission also attended the NOC Consultation Call on 14 September 2022



### **VIRTUAL MEETING OF OCA FINANCE COMMITTEE, 15 SEPTEMBER 2022**



Mr. Muhammad Khalid Mahmood, Member OCA Finance Committee attended the Virtual Meeting of OCA Finance Committee Meeting held on 15 September 2022

### **MEETING WITH DHA LAHORE – 15 SEPTEMBER 2022**

A jointly meeting was convened by Secretary General POA and Director Sports, DHA Lahore at Pakistan Olympic House on 15 September 2022 to review the proposals to hold National Championships of the following sports at DHA Sports Complex Lahore during 2022:





## PAKISTAN OLYMPIC ASSOCIATION

1. Badminton
2. Boxing
3. Cycling
4. Karate
5. Rowing
6. Swimming
7. Wrestling



### 13<sup>TH</sup> MEETING OF POA SPORTS COMMISSION - 20 SEPTEMBER 2022

The 13<sup>th</sup> Meeting of POA Sports Commission was held on 20 September 2022 under the chairmanship of Mr. Shaukat Javed, Chairman POA Sports Commission at Pakistan Olympic House, Lahore to discuss the following agenda points:-

1. Holding of 34<sup>th</sup> National Games in Quetta
2. Qualification for ANOC World Beach Games Bali, Indonesia 5 - 12 August 2023
3. 14<sup>th</sup> South Asian Games in Pakistan October / November, 2023
4. Qualification Rounds for Paris 2024 Olympic Games 26 July - 11 August 2024
5. Rules for 5<sup>th</sup> Inter Provincial Games Lahore
6. Rules for 1<sup>st</sup> National Youth Games
7. Rules for 1<sup>st</sup> National Beach Games
8. Any other matter with the permission of the chair

All members of the Commission attended the meeting. The agenda points were discussed in detail. Members made their proposals on each agenda point and certain recommendations as well as decisions were made accordingly.





## PAKISTAN OLYMPIC ASSOCIATION

### 1<sup>ST</sup> MEETING OF POA ATHLETES COMMISSION – 22 SEPTEMBER 2022

The 1st Meeting of the POA Athlete's Commission (POAAC) was held on 22 September 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Mr. Muhammad Inam Butt. Role and Responsibilities of the Commission and Action Plan for the year 2022-2024 were discussed.

The screenshot shows a presentation slide for the POA Athlete Commission meeting. The slide is titled "PROCEEDINGS" and lists the following items:

- Recitation from the Holy Quran
- Fatiha for Flood Victims
- Fatiha for Aimal Khan's Uncle Muhammad Idrees Iqbal, Head of the Defense Committee of his area and former Head of the سوات امن لشکر
- House in Order
- Welcome words by the Chairmen

On the right side of the slide, there is a video call interface showing several participants. The names visible are "Pakistan Olympic Association", "698278", "Muhammad's 520+", "umama wali", and "Mahoor Shahzad".

### VIRTUAL MEETING OF THE OCA EDUCATION COMMITTEE 27 SEPTEMBER 2022

Mr. Zaigham Abbas, Manager OS Program attended the virtual meeting of the OCA Education Committee on 27 September 2022 as an observer in the absence of Ms. Ada Jaffery, Member of the OCA Education Committee

### 14<sup>TH</sup> MEETING OF POA SPORTS COMMISSION - 30 SEPTEMBER 2022

The 14<sup>th</sup> Meeting of POA Sports Commission was held on 30 September 2022 under the chairmanship of Mr. Shaukat Javed, Chairman POA Sports Commission at Pakistan Olympic House, Lahore to discuss the arrangements of holding the 34<sup>th</sup> National Games in Quetta.

Apart from all members of the Commission Mr. Muhammad Ishaq Jamali, Secretary Sports & Youth Affairs Department, Government of Balochistan, Deputy Secretary Sports and Director General Sports attended this meeting to discuss the arrangements for holding the 34<sup>th</sup> National Games in Quetta in May 2023.





## **PAKISTAN OLYMPIC ASSOCIATION**



### **OCTOBER 2022**

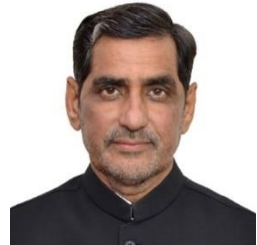
#### **THE OCA 78<sup>TH</sup> EXECUTIVE BOARD MEETING – PHNOM PENH, CAMBODIA – 03 OCTOBER 2022**

Lt Gen (R) Syed Arif Hasan, Vice President OCA attended the 78<sup>th</sup> OCA Executive Board Meeting (online) held on 03 October 2022 held in Phnom Penh, Cambodia.



#### **THE OCA 41<sup>ST</sup> OCA GENERAL MEETING – PHNOM PENH, CAMBODIA – 04 OCTOBER 2022**

Lt Gen (R) Syed Arif Hasan, President POA/ Vice President OCA attended the 41<sup>st</sup> OCA General Assembly Meeting (online) whereas Mr. Muhammad Khalid Mahmood, Secretary General POA attended the meeting (physical) on 04 October 2022 in Phnom Penh, Cambodia.



#### **SAOC MEETING AT PHNOM PENH, CAMBODIA - 04 OCTOBER 2022**

A meeting of South Asia Olympic Council was held on the sidelines of the OCA General Assembly on 04 October 2022 at Phnom Penh, Cambodia to discuss the schedule of the Games and confirmation of participation in the sports disciplines likely to be included in the 14<sup>th</sup> South Asian Games in Pakistan. The representatives of NOCs of Bangladesh, Bhutan, Maldives, Nepal, Pakistan and Sri Lanka were present whereas Secretary General NOC India was contacted on phone to join this meeting.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **ANOC DIGITAL ACCELERATOR PROGRAM - NOC SOCIAL MEDIA WEBINAR – 05 OCTOBER 2022**

M/s. Zaigham Abbas, Manager OS Program POA, Asma Akram, Assistant Manager Special Projects POA and Abubakar, Assistant Manager Media & Marketing POA attended the “NOC Social Media Webinar” held on 05 October 2022



### **12TH EDITION OF INTERNATIONAL COACHING ENRICHMENT CERTIFICATE PROGRAM (ICECP) 11 OCTOBER 2022**

Mr. Ghulam Farid coach in the sport of Wrestling successfully completed the 12th Edition of International Coaching Enrichment Certificate Program (ICECP) with honors on 11 October 2022 with project on “Development of junior wrestlers in Pakistan”

### **2<sup>ND</sup> MEETING OF INQUIRY COMMITTEE FOR MISSING BOXERS - CWG B2022 – 11 OCTOBER 2022**

2<sup>nd</sup> meeting of Inquiry Committee for missing Boxers during the Commonwealth Games, Birmingham 2022 was held on 11 October 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Mr. Muhammad Shafiq, Chairman of the Committee to analyze the Questionnaires received from the members of the committee.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **XXVI ANOC GENERAL ASSEMBLY IN SEOUL, REPUBLIC OF KOREA - 19-20 OCTOBER 2022**

Lt Gen (R) Syed Arif Hasan, President POA attended the XXVI ANOC General Assembly Meeting on 19-22 October 2022 held in Seoul, Republic of Korea.



### **POA ACTION COMMITTEE AND SUB-COMMITTEE ON HARASSMENT AND ABUSE IN SPORTS – 25 OCTOBER 2022**

The meeting of POA Action Committee and Sub Committee on Harassment and Abuse in Sports was held online and physical on 25 October 2022 on a complaint received by Karate Athletes

### **BREAST CANCER AWARENESS ORGANIZED BY POA WOMEN COMMISSION AT SINDH MADRESSATUL ISLAM UNIVERSITY KARACHI – 26 OCTOBER 2022**

POA Women Commission, under the Chairmanship of Fatima Lakhani, in collaboration with Syed Foundation and Karachi Sports Foundation organized and conducted a seminar on Breast Cancer Awareness: Early Detection Saves Lives at Sindh Madressatul Islam University on Wednesday, October 26, 2022. The seminar was sponsored by Colgate Palmolive Pakistan Ltd.

### **INAUGURAL CEREMONY OF THE SAUDI GAMES IN RIYADH, SAUDI ARABIA - 28 OCTOBER 2022**

On the invitation of H.E. Mr. Abdulaziz Bin Turki Alfaisal, President of the Saudi Games Organising Committee and President of the Saudi Olympic and Paralympic Committee, Lt Gen (R) Syed Arif Hasan HI(M), Vice President OCA and President NOC Pakistan attended the Inaugural Ceremony of the Saudi Games on 28 October 2022 in Riyadh, Saudi Arabia.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **OCA GENDER EQUITY SEMINAR – MANAMA, BAHRAIN 30-31 OCTOBER 2022**

Ms. Fatima Lakhani, Vice President POA and Mr. Muhammad Khalid Mahmood, Secretary General POA attended the OCA Gender Equity Seminar held on 30-31 October 2022 in Manama Bahrain.



### **NOVEMBER 2022**

### **OCA DEVELOPMENT PROGRAMME FOR COACHES AND REFEREES, TASHKENT – UZBEKISTAN - 3-7 NOVEMBER 2022**

With the assistance of Olympic Council of Asia (OCA), Pakistan Olympic Association has sent 19 x Coaches and Referees (Boxing, Judo, Swimming, Weightlifting and Wrestling) to Tashkent in the subject Programme.

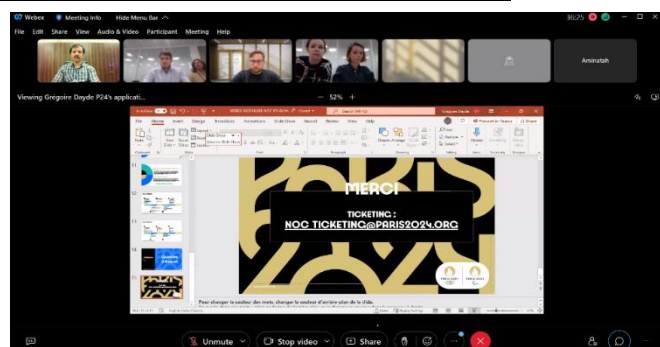
This programme aims to promote the practice of sport, encourage and improve the standard of performance in the spirit of fair play. Coaches and Referees are key factors in developing sports and play an important role in enhancing sporting performance and help in building generations for better societies.

### **XXIV MEMOS (EXECUTIVE MASTERS IN SPORTS ORGANISATIONS MANAGEMENT) - 06 NOVEMBER 2022**

Mr. Hamdan Nazir, President Pakistan Rowing Federation/ Chairman POA HR & Admin Committee has completed XXIV MEMOS (Executive Masters in Sports Organisations Management) with Highest Distinction on 6th November 2022. This programme was supported by the International Olympic Committee through Olympic Solidarity.

### **PARIS 2024 NOC TICKETING WEBINAR - 09 NOVEMBER 2022**

The Organizing Committee of Paris 2024 organized NOC Ticketing Webinar on 09 November 2022 which was attended by Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan.





## **PAKISTAN OLYMPIC ASSOCIATION**

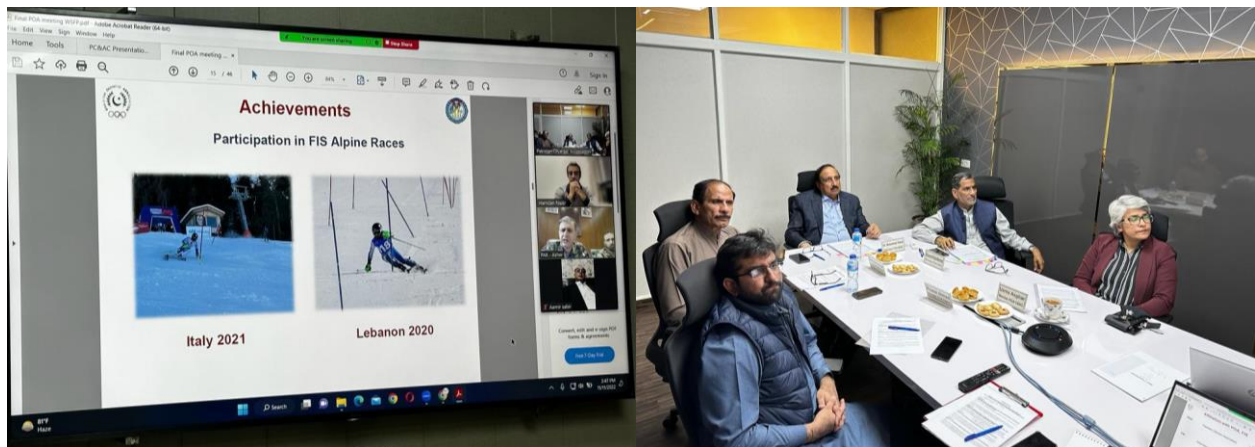
### **15<sup>TH</sup> MEETING OF POA SPORTS COMMISSION - 10 NOVEMBER 2022**

The 15<sup>th</sup> Meeting of POA Sports Commission was held on 10 November 2022 under the chairmanship of Mr. Shaukat Javed, Chairman POA Sports Commission at Pakistan Olympic House, Lahore to discuss the arrangements of holding the 34<sup>th</sup> National Games in Quetta. Certain proposals and recommendations were made in the meeting.



### **MEETING OF CONSTITUTION AND AFFILIATION COMMITTEE OF NOC PAKISTAN – 11 NOVEMBER 2022 AT PAKISTAN OLYMPIC HOUSE, LAHORE**

Meeting of POA Constitution and Affiliation Committee was held on 11<sup>th</sup> November 2022 under the Chairmanship of Ch. Muhammad Yaqoob, Vice President POA to discuss / consider various important constitutional matters including affiliations of newly formed National Sports Federations and Election of Islamabad Olympic Association.





## PAKISTAN OLYMPIC ASSOCIATION

### MEETING OF THE EXECUTIVE COMMITTEE OF NOC PAKISTAN 12 NOVEMBER 2022

The Executive Committee meeting of POA was held in both virtual and physical modes on 12<sup>th</sup> November 2022 at Olympic House, Lahore under the chairmanship of Lt Gen (R) Syed Arif Hasan HI(M), President NOC Pakistan to discuss various important matters including 34<sup>th</sup> National Games 2023 Quetta, 14<sup>th</sup> South Asian Games in Pakistan 2024 and Situation of the Olympic Movement of Pakistan.



### LUNCH RECEPTION IN THE HONOUR OF FIH PRESIDENT MR. TAYYAB IKRAM –16 NOVEMBER 2022 AT PAKISTAN OLYMPIC HOUSE, LAHORE

NOC Pakistan hosted a Lunch Reception in the honour of FIH President Mr. Tayyab Ikram at Pakistan Olympic House, Lahore on 16 November 2022. Legendary Hockey Olympians and NOC President Lt Gen (R) Syed Arif Hasan and Executive Committee of POA welcomed and commended services of FIH President.





## **PAKISTAN OLYMPIC ASSOCIATION**

### **ANOC INVITATION TO THE NOC SOCIAL MEDIA WEBINAR 5 (NOC CANADA), 22 NOVEMBER 2022**

M/s Zaigham Abbas, Manager OS Program, Asma Akram, Manager Special Projects and Abubakar Ali, Assistant Manager Media and Marketing attended the ANOC NOCs Social Media Webinar organized by NOC Canada on 22 November 2022.

### **ONLINE CGF & WORLD ACADEMY OF SPORT – ONLINE ATHLETE CERTIFICATE COURSE, 30 NOVEMBER 2022**

Mr. Saad Asif, Taekwondo Athlete has been registered for the Online Athlete Certificate Course and subsequently enrolled by CGF for the course.

## **DECEMBER 2022**

### **CGF REGIONAL MEETING – ASIA CGAS, 1 DECEMBER 2022**

Mr. Muhammad Khalid Mahmood, Secretary General CGA Pakistan attended the CGF Regional Meeting held virtually on 01-12-2022

### **OS/OCA REGIONAL FORUM FOR WEST, SOUTH AND CENTRAL ASIAN NOCS HELD ON 4 & 5 DECEMBER 2022 IN RIYADH, SAUDI ARABIA.**

The OS / OCA Regional Forum for West, South and Central Asian NOCs was organized on 4 & 5 December 2022 in Hotel Holiday Inn Riyadh Izdihar, Saudi Arabia. Mr. Muhammad Khalid Mahmood, Secretary General and Mr. Imran Ahmad Khan, Manager Games Services, NOC Pakistan attended this Forum. Saudi Arabia NOC supported all delegates with entry visa to the Kingdom of Saudi Arabia after finalizing all registrations on the online registration platform of the OCA.

The IOC and OCA Teams, representatives of the Organizing Committees of Paris 2024 (online), 19<sup>th</sup> Asian Games Hangzhou, 6<sup>th</sup> Asian Indoor & Martial Arts Games Thailand (online) made their presentations and live interactive sessions during the Forum regarding respective games. The questions & answers sessions were also conducted and replies given to the queries raised by the NOCs present in the Forum.

HH Prince Fahad Bin Jalawi Alsaud, Vice President of the Saudi Olympic & Paralympic Committee hosted a Gala Dinner on 5<sup>th</sup> December 2022 in the reception of the delegates of the Forum.



## **PAKISTAN OLYMPIC ASSOCIATION**

### **INVITATION TO FIFA 2022 WORLD CUP QATAR 10 DECEMBER 2022**

On the invitation of President, Qatar Olympic Committee, Lt Gen (R) Syed Arif Hasan, President POA attended the FIFA 2022 World Cup Quarter Finals Match held at Al Thumama Stadium, Qatar on 10 December 2022.

### **MEETING OF POA HR & ADMIN COMMITTEE AT PAKISTAN OLYMPIC HOUSE, LAHORE – 17 DECEMBER 2022**

A meeting of the POA HR & Admin Committee was held on 17 December 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Mr. Hamdan Nazir. The Employees Handbook and draft for the contracts of POA Employees as well as the strength/yardstick of POA staff / employees for the year 2022-23 & 2023-2024 was approved and recommended to POA Finance Committee. Salary structure and additional charges of various position were approved and recommended for the POA Finance Committee.



### **MEETING OF POA FINANCE COMMITTEE AT PAKISTAN OLYMPIC HOUSE, LAHORE – 20 DECEMBER 2022**

A meeting of the POA Finance Committee was held on 20 December 2022 at Pakistan Olympic House, Lahore under the Chairmanship of Syed Muhammad Abid Qadri. A detailed presentation on the Audited Report finalized by M/s Crowe Hussain Ch & Co. Following decisions were recommended to POA Executive Committee/ General Council:

- Confirmation of the Minutes of last meeting of the







## PAKISTAN OLYMPIC ASSOCIATION

POA Finance Committees dated 24-01-2022.

- Audited Statements of POA for the FY 2021-2022.
- Budget Estimates of POA for the FY 2023-2024.
- Auditors for POA Audits for the FY 2022-23 and OCA for the year 2023.
- Recommendations of POA HR & Admin Committee involving financial implication.

### **1<sup>ST</sup> MEETING OF THE MANAGEMENT COMMITTEE OF MIXED MARTIAL ARTS (MMA) – 21 DECEMBER 2022**

1<sup>st</sup> meeting of the Management Committee of Mixed Martial Arts (MMA) was held on 21 December 2022 under the chairmanship of Syed Wasim Uddin Hashmi, Vice President SOA/ Member POA Finance Committee at Pakistan Olympic House, Lahore to sort out all the matters related to Mixed Martial Arts (MMA) in Pakistan including its Constitution and subsequent formation of National Mixed Martial Arts Federation in line with direction and constitution of Asian Mixed Martial Arts Association (AMMA), Olympic Council of Asia (OCA).



### **IOC OS SEMINAR FOR ATHLETES EDUCATION AND LEADERSHIP 23-25 DECEMBER 2022 AT POA HOUSE LAHORE**

IOC OS Seminar for Athletes Education and Leadership was organized at Pakistan Olympic House Lahore, 45 x athletes of various sports including medalists of 2022, POA Athletes Commission, Olympic Scholarship holders Paris 2024.





## PAKISTAN OLYMPIC ASSOCIATION



The seminar was designed to educate and empower athletes to take up future roles as coaches, managers, officials, and leaders of the Olympic and Sports Movement in Pakistan. The sessions during the seminar covered a wide range of topics, including doping control and ADEL, athlete rights and responsibilities, manipulation in sports, fair play, good governance, gender equality, harassment, abuse in sports, and prevention of injuries in sports.

The seminar was inaugurated by Lt. Gen (R) Syed Arif Hasan, President POA, on 23rd December 2022. His presence at the event motivated the athletes to engage and participate actively in the sessions.



### OCA POA SEMINAR FOR EMPOWERING ATHLETES 26-27 DECEMBER 2022 AT LCWU LAHORE

OCA / POA Seminar for Empowering Athletes was organized at Lahore College for Women University Lahore on 26-27 December 2022. 56 x athletes of various sports including medalists of 2022, POA Athletes Commission, Olympic Scholarship holders Paris 2024 and 30 x Presidents/ Secretaries of Affiliated Units of POA attended





## PAKISTAN OLYMPIC ASSOCIATION

the Seminar. About 80 x students of Lahore College for Women University Lahore also attended the Seminar.



Dr. Bushra Mirza, Vice Chancellor Lahore College for Women University inaugurated the seminar whereas Mr. Tayyab Ikram, President International Hockey Federation (FIH) graced the occasion as the chief guest on the closing ceremony.

Dr. Shamsa Hashmi, Dr. Asad Abass Shah and Ms. Ada Jaffery gave lectures to the audience on Mental Health Matters, Doping Controls & ADEL and Athlete365, Career Pathways & Career Transition in Sports. Mr. Muhammad Shafiq, Secretary General Asian Handball Federation / Treasurer POA chaired the first session whereas Col (R) Mudassar Asghar, Olympian Hockey, former Secretary General PHF chaired the session of Doping Controls and ADEL on day one.

On day two, informative presentations on Athletes Rights and Responsibility, Athlete Empowerment—Awareness of and Protection against Abuse and Harassment in Sports given by Ms. Sumera Sattar, Executive Member POA, Mr. Muhammad Inam, Chair POA Athletes Commission and Ms. Asma Akram, Young Olympic Ambassador. Mr. Hamdan Nazir, MEMOSIAN respectively.

