

CONSTITUTION



PAKISTAN WEIGHTLIFTING FEDERATION

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SECTION ONE – THE FEDERATION

ARTICLE 1 NAME

The Organization shall be called Pakistan Weightlifting Federation and hereinafter known as PWLF or the Federation.

ARTICLE 2 JURISDICTIONS

The jurisdiction of Pakistan Weightlifting Federation shall extend throughout Pakistan, the acceding States and Territories under the control of Pakistan. It shall have the exclusive rights to govern Weightlifting for men and women in Pakistan.

ARTICLE 3 HEADQUARTER

The Headquarter of the Pakistan Weightlifting Federation shall be located in Lahore or as decided by the President and General Secretary of the Federation.

ARTICLE 4 AIMS, OBJECTS AND ROLE

The aims, objects and role of Pakistan Weightlifting Federation shall be:-

1. To encourage, promote, develop, regulate and control the sport of Weightlifting in Pakistan.
2. To follow and enforce the Rules and Regulations of International Weightlifting Federation, Asian Weightlifting Federation and South Asian Weightlifting Federation.
3. The formation of affiliated Associations/Service Organizations.
4. To coordinate and control Weightlifting activities by holding competitions, organizing National Senior, Junior and Youth Weightlifting Championships on its own or under the auspices of any of its Member Units.
5. To exercise proper control and enforce discipline on all organizations, their officials and Weightlifters falling under its jurisdiction.
6. To raise funds for the Federation from the lawful sources only.
7. To select athletes and officials to represent Pakistan in Weightlifting Programs and competitions to be held within the country and abroad.
8. To create, educate, standardize and regulate structures for Technical Officials/Referees, coaches and administrators under the control of the Executive Committee of the Federation.
9. To establish training camps, organize talent hunt schemes and promotional programs for expanding and raising standard of Weightlifting in Pakistan.
10. To communicate with the IWF, AWF, SAWF, POA, PSB and other Government Bodies regarding issues of Weightlifting when required.
11. To discourage and take appropriate action against violence, discrimination on grounds of race, religion, creed, political affiliation and Gender etc.
12. To ensure the observance of World Anti-Doping Code of WADA duly approved by the IOC and POA and fight against doping and use of substances and procedures prohibited by the IOC or the International Weightlifting Federation.
13. To extend invitations to foreign athletes and officials for participation in National Championships and other competitions in Pakistan.

14. To encourage women participation in weightlifting, create Women Association/Women Wings at National and Provincial levels and induct Women in the General Council/Executive Committee of the Federation.

ARTICLE 5 DEFINITIONS AND INTERPRETATION OF TERMS

The terms and abbreviations used hereinafter shall mean:

1. IOC International Olympic Committee.
2. IWF International Weightlifting Federation.
3. WADA World Anti-Doping Agency
4. AWF Asian Weightlifting Federation
5. SAWF South Asian Weightlifting Federation
6. POA Pakistan Olympic Association
7. PSB Pakistan Sports Board
8. The Federation Pakistan Weightlifting Federation/PWLF
9. Member Unit The Associations & Service Organization duly affiliated with the Federation
10. The Associations Provincial Weightlifting Associations, Pakistan Weightlifting Referee Association (PWRA), Pakistan Weightlifting Coaches Associations (PWCA), Federal Regions Weightlifting Associations (FRWA) and National Women Weightlifting Association (NWWA).
11. Service Organization Departments Weightlifting Association

SECTION TWO – AUTHORISED BODIES OF THE FEDERATION

ARTICLE 6 LEGAL BODIES

Following shall be the Legal Bodies of the Federation

The General Council, the Executive Committee, standing committees, the Arbitration Commission, Election Commission and Board of Appeal appointed by the Federation in accordance with its constitution.

ARTICLE 7 THE GENERAL COUNCIL.

1. The General Council shall be the Legislative body of the Federation. Supreme authority of the Federation shall vest in the General Council of the Federation. It shall consist of the authorized representative of affiliated Member Units as given below:-
 - a. Baluchistan Two (02)
 - b. Khyber Pakhtoonkhaw Two (02)
 - c. Punjab Two (02)
 - d. Sindh Two (02)
 - e. Departments Weightlifting Association Two (02)
 - f. Federal Regions Weightlifting Association Two (02)
 - g. NWWA One (01)
 - h. Pakistan WL Referees Association One (01)
 - i. Pakistan WL Coaches Association One (01)

ARTICLE 8 GENERAL COUNCIL MEETINGS

1. The Annual General Council Meeting of the Federation shall be held at least once in a Year.
2. Other meeting of the General Council may also be held as and when summoned by the:-
 - a. President
 - b. Executive Committee
 - c. Requisitioned in writing by at least 33% of the total strength of the persons eligible to attend the General Council Meeting.
3. The General Council in its meetings shall transact the following business
 - a. ***Annual General Council Meeting***
 - i. To consider the minutes of the previous meeting.
 - ii. To consider the annual report of the Federation which shall include the activity reports of the affiliated members units.
 - iii. To evaluate the performance of the Federation and the affiliated member units and ensure accountability.
 - iv. To consider the annual audited statement of accounts. Accounts must be audited by a Chartered Accountant firm appointed by the annual General Council meeting.

- v. To consider the activity program for four years and one year as the case may be.
 - vi. To approve the annual budget for the next fiscal year.
 - vii. To consider and approve the admission of a new applicant Unit and removal of a Member Unit.
 - viii. To consider and approve the amendments to the Constitution of the Federation.
 - ix. To appoint the Election Commission and Board of Appeal for fair, free and impartial elections of the Federation.
 - x. To appoint Arbitration Commission.
 - xi. To take such other steps as may be necessary and expedite to carry into effect the aims and objects of the Federation.
- b. **Elective General Council meeting**
- i. The elective General Council meeting of the Federation shall be convened once after every four years, in which beside other matters, the elections shall be held, on which a representative of Pakistan Olympic Association and a representative of Pakistan Sports Board shall be invited as observers.
 - ii. The elective General Council meeting shall elect the office bearers and Executive Members for a term of four years.
- c. **Special/requisitioned meeting of the General Council**
- A special/requisitioned General Council meeting may also be held to transact specific business as and when summoned by the:-
- i. President
 - ii. Executive Committee
 - iii. At the written request of not less than 33% of the total strength of the persons eligible to attend the General Council Meeting. The said request for the meeting must be accompanied with the statement of business proposed to be conducted in the requisitioned meeting.
4. The attendance of the meetings will be as under:-
- a. The elective General Council meeting shall be attended by the authorized representatives of the affiliated member units only.
 - b. All other meetings of the General Council inclusive of annual General Council Meeting, Special General Council Meeting and requisitioned General Council meetings shall be attended by the authorized representatives of the affiliated member units inclusive of all office bearers of the Federation.
 - c. An office bearer representing a Member Unit shall remain one of the representatives of the Unit on the General Council of the Federation for full term provided he/she continues to hold some office of the Member Unit or his/her representation is not specifically withdrawn by the concerned Unit on cogent grounds. The intimation to this effect shall be provided by the President and General Secretary of the concerned Member Unit to the General Secretary and President of the Federation at least one month before the General Council Meeting of the Federation.
 - d. In order to exercise their votes in the General Council meeting, names of the representatives from Member Units must be received in writing in the Federation's Secretariat at least three (03) days before the date of meeting failing which they shall not be entitled to attend the meeting.
5. Decisions in all Meetings of the General Council shall be taken by the simple majority of votes except in case of Amendments to the Constitution.

6. The General Secretary shall issue a prior notice of 21 days for Annual General Council Meeting or Elective General Council Meeting. 10 days notice shall be given by General Secretary in case of Special General Council Meeting or Requisitioned General Council Meeting.
7. The dates and places of all General Council meetings shall be determined by the General Secretary in consultation with the Chairman or in his absence with the President, unless previously decided by the General Council or Executive Committee.
8. The Quorum for all meetings of the General Council shall be one third (1/3) of the total strength of the persons eligible to attend the General Council meeting.
9. In the event of a meeting of the General Council is not held on the appointed date for want of quorum, the same will be held on a subsequent date within a month with same agenda items without quorum. Seven (07) days previous notice shall be necessary for convening the said adjourned meeting of the General Council.
10. All business discussed and decided at a meeting of General Council shall be recorded in a Minutes Book which shall be signed by the Chairman of the meeting. Copies of the proceedings will be supplied to all Member Units and their authorized representatives who attended the meeting, within 45 days of the meeting.

ARTICLE 9 EXECUTIVE COMMITTEE

1. The Executive Committee shall be the administrative body of the Federation. The Executive Committee shall consist of:-
 - a. All Office Bearers of the Federation including Chairmen, President, Six (06) Vice Presidents, Chief Executive Officer, General Secretary and Treasurer.
 - b. Six (06) Executive Members.
2. Meetings of the Executive Committee shall be held at least once every year or as frequently as necessary, and at other times when summoned by the Chairman, President or at the written request of at least one third (1/3rd) Members of the Executive Committee.
3. Quorum of the meeting shall be one third (1/3rd) of the total strength of the Executive Committee. No proxies shall be allowed. Ten (10) days previous notice shall be given by the General Secretary for the meeting.
4. Decisions in all Meetings of the Executive Committee shall be taken by the simple majority of votes present in the meeting.
5. The Executive Committee may delegate any of its powers to any office bearer, committee or sub-committee of the Federation.
6. The Executive Committee shall exercise all powers of the Federation except those vested in the General Council and in particular shall have the following powers and duties:-
 - a. To observe all transactions in the Accounts of the Federation.
 - b. To sanction the expenditures of the Federation.
 - c. To raise funds for the Federation.
 - d. To prepare Coaching Schemes, organize Courses for Referees and Coaches and encourage holding of Tournaments and Competitions, with a view to popularize and improve the standard of the sport.
 - e. To take decision about holding of National Championships, Senior, Junior, Youth and Women (if applicable).
 - f. To summon General Council Meeting, when deemed necessary.

- g. To engage experts for conducting Coaches Courses and to engage Coaches for Training of Teams/athletes, from within or out of country and establish coaching and training camps.
- h. To appoint Standing Committees of the Federation.
- i. To appoint officials of the teams such as Manager, Assistant Manager, Coaches or other persons/officials necessary to be included for the good performance of players/athletes.
- j. To nominate representatives of the Federation to attend meetings of POA or any other such meetings where presentation of the Federation is necessary.
- k. To frame Rules and Bye-Laws for conducting business of the Federation.
- l. To take suitable action against Sports persons, Officials, Organizers or any other person connected with the activities of the Federation for misconduct or indiscipline.
- m. To fill in a vacancy of an office bearer or Executive Member when occurred during the normal term.
- n. To do all such other things as may be incidental or conducive for the attainment of Amis and Objects of the Federation

ARTICLE 10 ARBITRATION

1. The disputes in sub-ordinate Units of the Federation from the lowest level to the level of the Federation shall be referred to the President of the next higher level Organization who shall resolve the dispute through arbitration. Thus disputes at club level shall be referred to the President of the respective District Association and similarly disputes at District level to the President of Divisional or Provincial Association, as the case may be, and so on and so forth to the Federation level.
2. All disputes arising out of the working/functioning and performance of Federation and or any of its affiliated Members Units within itself or amongst each other shall be resolved through Arbitration. Neither affiliated Member Unit of the Federation nor any person associated in any manner with the Federation shall take the dispute of any nature relatable in any manner with the Member Unit or the Federation to any Court of Law, but to the arbitration commission as provided in the Article 11 of the Constitution of the Federation.

ARTICLE 11 THE ARBITRATION COMMISSION

1. The arbitration commission shall be judicial body of the Federation.
2. It shall consist of one Chairman, Two Members and one Secretary, appointed by the General Council of the Federation.
3. Eligibility of the person appointed on the Arbitration Commission shall be as given below:-
 - a. **Chairman**
A Judge or a former Judge of a High Court
 - b. **Members**
Advocates of Supreme Court of Pakistan
 - c. **Secretary**
An Advocate of a High Court.

4. The arbitration commission will independently & judicially proceed to resolve and decide the disputes referred to it by the President, Office Bearers, Members of General Council or affiliated Member Units.

ARTICLE 12 STANDING COMMITTEES

1. The federation shall have the following standing committees appointed by the Executive Committee.

- a. Competition Committee
- b. Selection Committee
- c. Doping Control Committee
- d. Disciplinary Committee
- e. Finance Committee

2. The committee shall consist of the following

- a. Chairman One (01)
- b. Member Three (03)
- c. Secretary One (01)

The General Secretary of the Federation shall be the ex-officio Secretary of all committees.

3. The tenure and mode of working of the committees shall be determined by the Executive Committee of the Federation

SECTION THREE – OFFICE BEARERS

ARTICLE 13 OFFICE BEARERS

1. Following shall be the office bearers and Executive members of the Federation.
 - a. Chairman
 - b. President
 - c. Six (06) Vice President
 - d. Chief Executive Officer
 - e. General Secretary
 - f. Treasure
 - g. Six (06) Executive Members
2. The election or appointment of the office bearers and executive members of Federation /PWLF Shall be as under :-
 - a. The Elected office bearers of PWLF, to be elected by the elective General Council of PWLF after every four (04) years are :-
 - i Chairman
 - ii President
 - iii Six (06) Vice Presidents
 - iv. Six (06) Executive Members
 - b. Following office bearers shall be appointed by the Executive Committee.
Chief Executive Officer, General Secretary and Treasurer shall be appointed by the Executive Committee of PWLF under a contract, clearly mentioning the terms and conditions of the appointment and its termination.
 - c. The Executive Committee of PWLF may appoint one of the office bearers as Chief Executive Officer of the Federation if considered appropriate. In such an eventuality the terms of the arrangement will also be decided by the Executive Committee.
 - d. The Chairman, President, General Secretary and Treasurer shall not be eligible to be re-elected to the same office for the third tenure.
3. All elected Office Bearers shall hold their offices for four years unless they resign or any of them is removed by the General Council on cogent grounds which inter-alia shall include unsatisfactory performance to be evaluated by the General Council in its annual General Council meeting each year and for any other reason for which Notice to the concerned person has been dully served and opportunity of explaining his/her case has been provided.
An Officer Bearer shall cease to hold office of the Federation if his/her representation is withdrawn by the concerned affiliated member unit through a decision taken by the General Council /Executive Committee of the said member Unit and intimation of which is dully received by the General Secretary and President of the Federation at least 7 days before the meeting of the General Council / Executive Committee of the Federation, where this matter will be finally decided.
4. President, General Secretary and Treasurer shall not hold any of these offices in any other National Federation.
5. The Chairman, President, Chief Executive Officer, General Secretary and Treasurer may not necessarily be the representative of any Member Units but all other office Bearers shall be elected from amongst the authorized representatives of Member Units or the persons eligible to attend the General Council meeting.

ARTICLE 14 POWER AND DUTIES OF THE OFFICE BEARERS

Following shall be the powers and duties of the office Bearers:-

1. ***Chairman***

- a. The Chairman shall be the head of the Federation. He will chair all meeting of the General Council / Executive Committee.
- b. In case of equality of votes. He shall have the casting vote.
- c. He shall interpret the provisions of the constitution and Rules of the Federation.

2. ***President***

- a. In the absence of the Chairman, the President will exercise all powers of the Chairman.
- b. The President shall be authorized to appoint Committees /Sub Committees, define their Terms of Reference and take decisions on their reports on behalf of the General Council / Executive Committee and issue directions for smooth working of the Federation on day to day basis.
- c. In any emergency, the President shall have the powers to take any action on the suggestions or in consultation with the General Secretary but such action taken by the President shall be reported to the General Council or the Executive Committee which in the ordinary course would have dealt with the matter.

3. ***Vice Presidents***

- a. In the absence of the Chairman and the President or on their directions, one of the Vice Presidents shall exercise the powers of the Chairman, President for a meeting.
- b. The Vice President shall carry out other assignments/duties given to them by the Chairman, President or the Executive Committee.

4. ***Chief Executive Officer (C.E.O.)***

- a. Since the Chief Executive Officer holds a key responsibility to implement the executive polices of the Federation and decisions of the Chairman, President and the legal bodies of the Federation, he must have at least the following qualifications:-
 - i. Be a person having sufficient knowledge and experience of the Weightlifting for at least 10 (Ten) years as a Player /Technical Officer /Coach/Organizer.
 - ii. Must be academically qualified and possess proficiency and experience of running an office of equivalent level.
 - iii. Must have the qualities and experience of a dynamic sport leader and be capable to get the programs and tasks accomplished from other administrative and technical groups of persons.

5. ***General Secretary***

The General Secretary in particular, shall perform the following duties:-

- a. To act as Secretary of the General Council, Executive Committee and any other Committee / Sub Committee.
- b. To perform all his duties under the control of the Chairman, President, C.E.O. and the Executive committee.
- c. To superintend and control the work of office.
- d. To conducts the correspondence on behalf of the Federation.
- e. To issue Notices and Agendas for all meetings.
- f. To include, in the Agendas/Supplementary Agenda for the meetings of the General Council and Executive Committee, any matter duly proposed and seconded by a Member Unit or by any other person eligible to attend the said meetings and delivered to the General Secretary at least 15 days and 7 days before the dates of the meetings of the General Council and Executive Committee respectively.
- g. To record proceedings of all meetings and to obtain signatures of the Chairman of the concern meeting thereon and supply copies to all concerned persons/Member Units.
- h. To prepare jointly with the Treasurer the Annual Budget of the Federation. To keep a permanent advance of Rs.5,000/- to meet expenditures of contingent nature, which may be recouped from time to time.
- i. To jointly operate Bank Accounts of the Federation along with the CEO or the Treasurer.

6. ***Treasurer***

- a. To maintain with the assistance of the General Secretary accurate and up to date Accounts of the Federation including Cash book.
- b. To receive and deposit immediately in the Bank all moneys receive on behalf of the Federation and make payments according to Federation's decision communicated to him through General Secretary.
- c. To prepare statements of Accounts every year and get them audited by the approved Chartered Accountants as per decision of the federation and lay the Audited Statement of Accounts in the Annual General Council Meeting or the Elective General Council Meeting of the Federation, if the presentation of the said Statement is due.
- d. To maintain a stock Register.
- e. To prepare Annual Budget in consultation with the CEO and the General Secretary and present the same to the General Council in its meeting, if the presentation of the Budget is due.
- f. To jointly operate the Bank Account along-with CEO or the General Secretary.

SECTION FOUR– MEMBERSHIP

ARTICLE 15 MEMBERSHIPS

1. The membership of the Pakistan Weightlifting Federation shall be open to the Following:
 - a. Controlling Body of the sport of Weightlifting in the province of Blochistan, Khyber Pakhtoonkhaw, Punjab, Sindh provided the body complies with the Eligibility Condition as prescribed in the Constitution of the Federation.
 - b. Controlling Body of Weightlifting of Services Organizations subject to fulfilling the criteria as laid down in the Constitution.
 - c. Controlling Body of the sport of Weightlifting in the Federally Administered Regions provided the body compiles with the Eligibility Conditions as prescribed in the Constitution.
 - d. Controlling Body of Weightlifting Referees provided the body fulfills the Eligibility Conditions prescribed in the Constitution.
 - e. Controlling Body of Weightlifting Coaches provided the body fulfills the minimum Eligibility Conditions prescribed in the Constitution.
 - f. Controlling Body of the Women Weightlifting provided the body fulfills the minimum Eligibility Conditions as laid down in the Constitution of the Federation.

2. Representation of the affiliated Member Units on the General Council of the Federation shall be as under:-

a. Provincial Associations	Two (02) each
b. Departments Weightlifting Association	Two (02)
c. Federal Regions Weightlifting Associations	Two (02)
d. NWWA	One (01)
e. Referees Association	One (01)
f. Coaches Association	One (01)

3. Any Organization applying for membership (affiliation) shall submit with its application, Affiliation Fee, a copy of its Constitution which shall be in the line with Constitution of the Federation, the list of Office Bearers and all such information which establish that all the relevant Eligibility conditions, contained in the constitution of the Federation, are duly fulfilled.

ARTICLE16 ELIGIBILITY FOR MEMBERSHIP

1. ***Provincial Associations***

The Provincial Weightlifting Associations shall be eligible for seeking and retaining membership of the Federation if they fulfill the following condition:-

- a. They each have a Constitution in line with the Constitution of the Federation and approved by the Federation.
- b. They shall be constituted by the properly represented Divisional or District Weightlifting Associations, genuinely existing and functioning.

- i. The Divisional Weightlifting Associations shall be formed by at least two District Weightlifting Associations genuinely existing and functioning.
 - ii. The District Association shall be constituted by a minimum of two (02) Active Clubs.
- c. They hold annually the Inter-Division/Inter District Competitions for the Seniors and Juniors.
 - d. They hold elections under the supervision of the Pakistan Weightlifting Federation as embodied in their respective Constitutions.
 - e. They pay their affiliation fees and subsequent annual subscriptions to the Federation within the first three months of the Financial Year.
 - f. They participate without fail in National Senior and Junior Championships as well as other Competitions and Weightlifting Programs when asked by the Federation.

2. ***Departments Weightlifting Association***

Departments weightlifting association shall be eligible to seek or retain Membership of the Federation, only if it is constituted on national basis and fulfill the following conditions:-

- a. It has constitution, Rules/ Bye-laws in line with the constitution of the Federation.
- b. It organizes Inter-Departments Meets every year at national level in which all their component units, with bonafide employee athletes, from throughout the country take part.
- c. It has paid Affiliation Fees and is paying Annual Subscriptions within first three months of the Financial Year to the Federation.
- d. It participates without fail in the National Weightlifting Championships and programs in accordance with the directions of the Federation.

3. ***Federal Regions Weightlifting Association***

Federal Regions weightlifting association shall be eligible to seek or retain Membership of the Federation provided it fulfills the following conditions:-

- a. It has a constitution in line with Constitution of the Federation and approved by the Federation. It shall be constituted by at-least two (02) Associations.
- b. This Association in its jurisdictions may create lower level Associations in line with the Divisional/District Associations.
- c. It participates without fail in the National Weightlifting Championships and programs in accordance with the directions of the Federation.
- d. It holds regular Annual Championships and organizes one competition to be participated by its members.
- e. It holds elections as embodied in its Constitutions under the supervision of Pakistan Weightlifting Federation.
- f. It pays its Affiliation Fee at the time of its affiliation with the Federation and subsequent Annual Subscription within the specified period as indicated in the Constitution of the Federation.

4. All affiliated Member Units of the Federation shall submit to the Federation, before the end of May each year, their Annual Programs to be pursued by them during the next Financial Year. They will also submit their Annual Reports of Activities of the previous Financial Year before the end of the next September with special reference to the above stated Eligibility Conditions.
5. National Weightlifting Competitions will be organized by member units on rotational basis in accordance with the decision of the Federation. In case of failure to hold the requisite championship, the concerned Unit shall be liable for a fine of Rs. 100,000/-

ARTICLE 17 THE CLUB

1. The Club being the most important and basic unit of the Weightlifting Structure in a National Federation, PWLF shall give special attention to develop and strengthen the Club culture in the Country.
2. A Club shall be considered genuinely existing and eligible for Membership (Affiliation) with a District Weightlifting Association provided it fulfills the following conditions.
 - a. The Club shall have a proper management and some sort of financial support system to ensure sustainable activities of the Club during the year as well as its participation in the Competitions and Championships.
 - b. The Club shall have facilities where Weightlifting Activities shall take place at least 150 days in a year.
 - c. The Club must display the ability to register a minimum of 10 and maximum of 16 Weightlifters with it.
 - d. The Club shall participate in all activities/competitions organized by the District Weightlifting Association or the higher bodies.

SECTION FIVE – ELECTIONS

ARTICLE 18 ELECTIONS OF OFFICE BEARERS

1. The elect-able office bearers and Executive Members of all organizations from club to federation level shall be elected through the fair, free and transparent process of elections.

ARTICLE 19 ELECTION COMMISSION

1. To ensure the impartiality and transparency, General Council of the Pakistan Weightlifting Federation shall appoint an election commission to hold the elections from District to Federation level.
2. Election Commission of PWLF shall consist of the following:-
 - a. Chairman one (01)
 - b. Members Three (03)
3. The Election commission shall conduct the elections of the Federation and all subordinate Associations in accordance with the Election rules framed by the General Council of the Federation.

ARTICLE 20 BOARD OF APPEAL.

1. The General Council of PWLF shall appoint a Board of Appeal, consisting of One Chairman and Two Members, to hear and decide the appeals, if any, against the decisions of the Election Commission.
2. The decision of the Board of Appeal shall be final and binding on all parties and shall not be appeal able judicially or otherwise.

SECTION SIX – FINANCES

ARTICLE 21 FUNDS OF THE FEDERATION

1. Pakistan Weightlifting Federation will arrange its income from the following lawful sources:-
 - a. Through sponsorships.
 - b. Grants from Government of Pakistan.
 - c. Grants from Provincial Governments.
 - d. Grants from International Agencies.
 - e. Grants from Local Bodies
 - f. Donations from Philanthropists.
 - g. Income from any activity organized by the Federation.
 - h. Grants from Pakistan Sports Board.
 - i. Income from property purchased, acquired by the Federation.
 - j. Annual subscription, entry fee or any other dues received from affiliated member units and teams participating in PWLF Competitions.
 - k. Income from any other lawful sources not specified in the above.
2. The federation shall make expenditures on the following programs/events.
 - a. Expenses on/for the establishment of the Federation.
 - b. Conduct of meetings of the Federation.
 - c. Competitions of the Federation.
 - d. Courses and Seminars for the Coaches, Technical Officials and administrators.
 - e. Training camps for the National Teams.
 - f. Participation of National Teams in International Competitions.
 - g. Participation in the meetings of IWF, AWF, CWF, SAWF etc. etc.
 - h. Salaries of the Staff.
 - i. Dues/Fees of the higher organizations.
 - j. Purchases of various equipments.
 - k. Investment of surplus funds in profitable means like prize bonds and purchase of property etc.
 - l. Any other genuine expenditure approved by the General Council or the Executive Committee.

ARTICLE 22 ACCOUNT OF THE FEDERATION.

1. Account of the Federation shall be opened with the approval of the General Council in a scheduled bank functioning in Pakistan.
2. The bank account of the Federation will be operated jointly by the CEO, General Secretary or the Treasurer of the Federation
3. The Accounts of the Federation will be audited annually by a well reputed chartered accountants firm approved by the General Council.
4. Financial Year of the Federation shall be 1st July to 30th June next year.
5. Accounts shall be maintained under the Finance rules framed by the Executive Committee of the Federation.

ARTICLE 23 ANNUAL SUBSCRIPTIONS

1. All member units shall pay Affiliation Fee as decided by the General Council at the time of its affiliation with the Federation and subsequent Annual Subscription, as decided by the General Council from time to time of its affiliation with the Federation and subsequent Annual Subscription, as decided by the General Council from time to time, to the Federation. The payment of Annual Subscription shall be made before 30th September each year.
2. No representative of a Member Unit shall be entitled to vote at any meeting of the Federation if the Member Unit is in arrears in respect of payment of its dues to the Federation.
3. A Member Unit failing to pay Subscription or any other dues to the Federation for two years, for which at least two notices have been duly issued and served by the General Secretary / Treasurer, shall be liable to be removed from the Membership of the Federation through a decision of the General Council of the Federation.
4. Once a Member Unit is removed from the Membership of the Federation for non-payment of dues, application for re-admission will not be considered by the Federation unless all arrears have been paid along with a penalty fixed by the General Council of the Federation.

SECTION SEVEN – REGISTRATION & TRANSFER OF PLAYERS

ARTICLE 24 REGISTRATIONS

1. An athlete, if not already registered, shall have the right to get himself registered with the Federation through the proper channel.

If an athlete is already registered he will not have a right to be registered with 2nd organization. If he does so, his second registration will be illegal and void.

2. All Organizations and Clubs shall register a minimum of 10 and maximum of 16 athletes with the Federation, on the prescribed proforma.
3. If a registered athlete gets the employment in any subordinate unit, he/she shall require a No Objection Certificate of the employer to continue his registration with his/her previous organization.

ARTICLE 25 TRANSFERS

1. A team shall be entitled to get a registered athlete transfer to its role/rank, provided;
 - a. The athlete concerned gives his consent in writing.
 - b. The athlete has fulfilled his obligation towards the previous team.
 - c. The athlete has been employed by a department.
 - d. The new team has included his/her name in the list of its registered athletes.
 - e. The transfer procedure as laid down in the rules of the Federation has been completed.
2. Transfer period shall be 1st to 31st January and 1st to 31st July every year. The transfer so requested shall be communicated to the Federation in the month of February and August every year through normal procedure. The transfer so requested shall become effective after the decision of the Federation only.

SECTION EIGHT–MISCELLANEOUS

ARTICLE 26 THE CONSTITUTION

1. This Constitution of PWLF was approved in the General Council meeting held on April 15, 2010 by the unanimous Vote.
2. First Amendment to this Constitution was made on May 19, 2012, unanimously passed in the Meeting of the General Council of the Federation held in Lahore.
3. Second amendment to the Constitution was made on 15-06-2013, unanimously passed in the General Council meeting of the Federation, held in Lahore.
4. Third amendment to the Constitution was made on 31-12-2015, unanimously passed in the General Council meeting of the Federation, held in Lahore.

ARTICLE 27 AMENDEMENTS TO THE CONSTITUTION

1. An amendment to the constitution can only be proposed by the affiliated member unit or a member of the General Council of the Federation.
2. The amendments to this Constitution, if any, shall only be approved if supported by two third majority of total members of the General Council, eligible to participate in that meeting of the General Council.